

Behaviour
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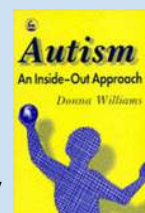


Autism: An Inside-Out Approach: An Innovative Look at the 'Mechanics' of 'Autism' and its Developmental 'Cousins'

Donna Williams

<https://amzn.to/2UKraQ3>

Donna Williams' challenging book, written by an autistic person for people with autism and related disorders, carers, and the professionals who work with them, is a practical handbook to understanding, living with and working with autism. Exploring autism from the inside, it shows clearly how the behaviours associated with autism can have a range of different causes, and in many cases reflect the autistic person's attempt to gain control over their internal world. The sensory and perceptual problems that challenge a person with autism are described in depth, together with strategies for tackling them so as to enable that person to take more control of their lives. Donna Williams comments on the various approaches to autism, drawing out those strategies that are of real use, and explaining why some approaches may prove counterproductive, leaving the autistic person feeling even more isolated and misunderstood. Taking the view that understanding autism is the key to managing the condition, Donna Williams' book will bring illumination to all those who have felt baffled and frustrated by the outside appearance of autism. It contains a wealth of helpful suggestions, insights and new ideas, exploding old myths and promoting a view that all those involved with autism will find empowering and creative.



Attachment in the Classroom: A Practical Guide for Schools

Heather Geddes

<https://amzn.to/2Ufgkqi>

Every day, teachers and other school staff have to deal with children who present challenging behaviour during their learning process at school. This book combines the fundamental principles of attachment theory with teacher-based examples, and practical 'how-to' interventions.



Inside I'm Hurting: Practical Strategies for Supporting Children with Attachment Difficulties in Schools

Louise Bomber

<https://amzn.to/2X49nRa>

Inside I'm Hurting provides educational professionals with a much-needed classroom handbook of new strategies, practical tools and the confidence for supporting these children from an attachment perspective, thus promoting inclusion in the school system. Contents include: how attachment difficulties can affect a child's ability to learn; providing an 'additional attachment figure' in schools; the benefits and challenges of getting alongside children who have experienced trauma and loss; transitions during the school day; permanency and constancy; being explicit; regulating arousal levels; handling conflict; wondering aloud; lowering the effects of shame; working with transition from primary to secondary phase; developing effective home/school partnership (includes a photocopyable initial meeting prompt card); providing staff support; recommendations for future action.



The Seven C's of Positive Behaviour Management (Alphabet Sevens)

Sue Cowley

<https://amzn.to/2UUOFpt>

In this 'at a glance' guide, Sue Cowley introduces teachers to the key principles of Positive Behaviour Management - her 'Seven C's'. This book offers practical and realistic strategies that you can use to improve behaviour in your classroom and your school - immediately. Whatever age group you teach, her ideas will help and inspire you. Sue Cowley is renowned among both new and experienced teachers for the honest and helpful nature of her advice.

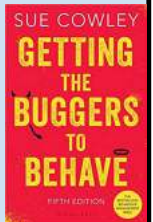


Getting the Buggers to Behave

Sue Cowley

<https://amzn.to/2ldqnkz>

Now in its fifth edition, Getting the Buggers to Behave remains a firm favourite with trainees, newly qualified teachers and experienced staff alike. The advice ranges from the basics of behaviour management to 'how to deal with the class from hell' and is applicable whether you are working in the early years, primary, secondary or further education with level specific examples in every chapter. The book covers preparing for your first meeting with a new group of students, developing your individual teaching style, creating a positive learning environment and working in really challenging schools. Sue is famed for the practical, honest and realistic nature of her advice, and all her ideas include case studies and anecdotes based on her years of experience working as a teacher and the stories and problems she has advised on 'agony aunt' style, for teachers of all levels.

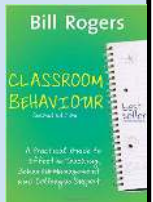


Classroom Behaviour: A Practical Guide to Effective Teaching, Behaviour Management and Colleague Support

Bill Rogers

<https://amzn.to/2Z7Jvpu>

Classroom Behaviour, Second Edition explores the relationship between effective teaching, behaviour management, discipline and colleague support. Bill Rogers also addresses issues such as argumentative and challenging children; students with emotional or behavioural disorders; managing difficult classes; and anger management. This is a comprehensive work addressing the issues of today's classrooms and is written by someone well aware of how demanding teaching can be. It is highly recommended for teachers at all levels, teacher assistants and newly-qualified teachers.



**Conversations That Matter:
Talking with Children and
Teenagers in Ways That Help**

Margot
Sunderland

<https://amzn.to/2leQesj>

So many children and young people in our society are hurting. Research indicates that more children are depressed, anxious or locked in anger than ever before, with all the problems that creates at home, school and in society at large when emotional pain gets expressed through behaviour or physical symptoms. Many well-intentioned adults really want to help when children suffer because of parental conflict, divorce, family financial worries, loss and bereavement, trauma, bullying, isolation, general growing up issues, and worse. But we often lack the confidence and key skills to know how to help in ways that will genuinely support the child or teenager to properly process what is troubling them, and so reach a more positive place of genuine hope and optimism. Conversations that Matter, the latest book by Margot Sunderland, offers a wealth of tools and techniques to empower parents and practitioners to connect to children and young people through conversation, in life changing ways.

**Don't Send Him in Tomorrow:
Shining a light on the
marginalised, disenfranchised
and forgotten children of
today's schools**

Jarlath
O'Brien

<https://amzn.to/2UT5Esm>

he progress that children with learning difficulties and SEN make is never discussed, because it is not understood. That is a problem. The bone-crushing infrastructure which professionals have to negotiate is a problem. The fact that so many parents have to fight tooth and nail so that the needs of their children are met, something the rest of us would consider a basic entitlement, is a problem. This book describes how the system and can be improved if and when these marginalised children are given higher priority by the powers that be. There is a widespread lack of understanding about special schools, the work they do, and the children they educate - the sector is largely invisible. Jarlath O'Brien has become increasingly frustrated by this, and the varying quality of provision for children with learning difficulties and SEN in mainstream schools. The successes of special schools and pupil referral units in Ofsted inspections are just not celebrated or analysed in the same way that mainstream schools' are. While, mainstream schools have their hands tied by fears over progress measures.

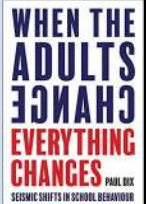


When the Adults Change, Everything Changes: Seismic shifts in school behaviour

Paul Dix

<https://amzn.to/2Z8Bpgn>

In *When the Adults Change, Everything Changes: Seismic Shifts in School Behaviour*, Paul Dix upends the debate on behaviour management in schools and offers effective tips and strategies that serve to end the search for change in children and turn the focus back on the adults. You can buy in the best behaviour tracking software, introduce 24/7 detentions or scream NO EXCUSES as often as you want but ultimately the solution lies with the behaviour of the adults. It is the only behaviour over which we have absolute control. Drawing on anecdotal case studies, scripted interventions and approaches which have been tried and tested in a range of contexts, from the most challenging urban comprehensives to the most privileged international schools, behaviour training expert and Pivotal Education director Paul Dix advocates an inclusive approach that is practical, transformative and rippling with respect for staff and learners. An approach in which behavioural expectations and boundaries are exemplified by people, not by a thousand rules that nobody can recall.

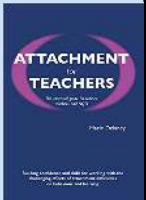


Attachment for Teachers: The Essential Handbook for Trainee teachers and NQTs

Marie Delaney

<https://amzn.to/2XcVfW1>

Every trainee teacher and NQT needs to know about the importance of attachment in schools. So many children and young people arrive in class every day who are unable to settle to learn. Many are coming from previous or current home environments which have not provided them with the necessary consistent security and reliable warmth for them to be relaxed, confident and trusting. Some have experienced trauma, loss, neglect and abuse. They communicate their distress through their challenging behaviour in school. What is needed first and foremost for such pupils of all ages is an authentic relationship of attachment with school staff who can get to know them, genuinely empathise and enable them to settle securely and begin to feel safe. Then, and only then, can the task of learning begin. This handbook first explains succinctly why an understanding of attachment theory is vital for all teachers. It then provides practical examples of how a teacher can recognise what the pupil's behaviour is communicating and how the teacher can then effectively intervene to enable the pupil to settle to learn and the teacher achieve freedom to teach. Practical CPD material in the Appendices helps you track your own learning and develop your skills.



On the Fringes: Preventing exclusion in schools through inclusive, child-centred, needs-based practice

Jackie Ward

<https://amzn.to/2le1c1t>

In *'On the Fringes: Preventing exclusion in schools through inclusive, child-centred, needs-based practice'*, Jackie Ward opens up the debate surrounding school exclusion and its link to special educational needs (SEN), and shares action-oriented strategies designed to bring about a more inclusive approach.



Better Behaviour: A Guide for Teachers

Jarlath O'Brien

<https://amzn.to/2v52HWQ>

TES behaviour columnist and Executive Headteacher Jarlath O'Brien combines insights from psychological research and hard-won personal experiences into a practical and uplifting guide for teachers new and experienced. Avoiding gimmicks or magic bullets, Jarlath shows you how a perceptive approach built on empathy and understanding the children you teach can lead to a happy and healthy learning environment that allows you to become a more effective teacher.

Looking at how your behaviour influences their behaviour, this book will challenge your thinking, increase your confidence, reduce your frustrations and empower you to improve the behaviour of the children you work with.

**Self-Regulation Interventions and Strategies: Keeping the Body, Mind & Emotions on Task in Children with Autism, ADHD or Sensory Disorders**

Teresa Garland

<https://amzn.to/2UZA7Fi>

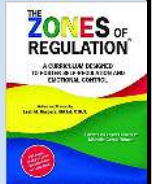
Keeping children bodies, minds and emotions on task just got easier with this new book from self-regulation expert Teresa Garland. Featuring more than 200 practical and proven interventions, strategies and adaptation for helping children gain more control over their lives. Each chapter provides rich background and theoretical material to help the reader better understand the issues our children face.

Topics include: -Basic and advanced methods to calm a child and to preventing outbursts and melt-downs -Interventions to help with attention problems, impulse control, distractibility and the ability to sit still -Stories and video-modeling for autism, along with techniques to quell repetitive behaviors -Sensory strategies for sensitivity and craving -Behavioral and sensory approaches to picky eating -Ways to increase organization skills using technology and apps -Strategies for managing strong emotions as well as techniques for releasing them



The Zones of RegulationLeah
Kuypers<https://amzn.to/2UZAgIQ>

The Zones of Regulation is a curriculum geared toward helping students gain skills in consciously regulating their actions, which in turn leads to increased control and problem solving abilities. Using a cognitive behaviour approach, the curriculum's learning activities are designed to help students recognise when they are in different states called "zones," with each of four zones represented by a different colour. In the activities, students also learn how to use strategies or tools to stay in a zone or move from one to another. Students explore calming techniques, cognitive strategies, and sensory supports so they will have a toolbox of methods to use to move between zones. To deepen students' understanding of how to self-regulate, the lessons set out to teach students these skills: how to read others' facial expressions and recognise a broader range of emotions, perspective about how others see and react to their behaviour, insight into events that trigger their less regulated states, and when and how to use tools and problem solving skills. The curriculum's learning activities are presented in 18 lessons. To reinforce the concepts being taught, each lesson includes probing questions to discuss and instructions for one or more learning activities. Many lessons offer extension activities and ways to adapt the activity for individual student needs. The curriculum also includes worksheets, other handouts, and visuals to display and share. These can be photocopied from this book or printed from the accompanying CD.

**The Zones of Regulation**Kari Dunn
Buron<https://amzn.to/2US1Tn2>

This much-awaited second edition of the popular Incredible 5-Point Scale is, as the title suggests, significantly improved and expanded. Using the same practical and user-friendly format as the first edition, Buron and Curtis let readers benefit from work done with the scales over the past 10 years, to result in refinements to the original scales, now considered classics in homes and classrooms across the country and abroad, as well as lots of new scales specifically designed for two groups of individuals: young children and those with more classic presentations of autism, including expanded use of the Anxiety Curve. Another welcome addition is a list of goals and objectives related to incorporating scales in students IEPs. Note: Blank scales are free downloadable.

**The Autism Discussion Page on anxiety, behavior, school, and parenting strategies: A toolbox for helping children with autism feel safe, accepted, and competent**

Bill Nasen

<https://amzn.to/2Z7wlZA>

The Autism Discussion Page green book covers anxiety and stress, challenging behaviors, stretching comfort zones, discipline, and school issues. It also provides more general teaching and mentoring strategies for coaching children on the autism spectrum in basic daily living strategies to improve their day-to-day lives.

Based on posts on the popular online community page and organised by subject for ease of reference, this book offers an excellent understanding of how children with autism process and experience the world and effective strategies for coping with the challenges.



The Autism Discussion Page on Stress, Anxiety, Shutdowns and Meltdowns: Proactive Strategies for Minimizing Sensory, Social and Emotional Overload

Bill Nasen

<https://amzn.to/2Z66wsM>

Anxiety, meltdowns and emotional regulation can be hugely challenging for autistic people. This book is full of proactive strategies for understanding, accepting and respecting the processing differences in autism. It contains tools for reducing sensory, social and mental drain, and offers strategies to protect from ongoing stress and anxiety. These help minimize shutdowns and burnout, while maximizing self-esteem, autistic identity and mental health.



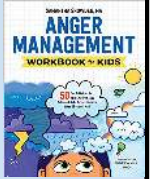
Anger Management Workbook for Kids: 50 Fun Activities to Help Children Stay Calm and Make Better Choices When They Feel Mad

Samantha Snowden
Ma

<https://amzn.to/2v6ktJi>

The Anger Management Workbook for Kids offers kid-friendly exercises and interactive activities to feel happier, calmer, and take control of anger.

Everyone gets angry, but teaching kids how to respond to anger is what really matters. The Anger Management Workbook for Kids offers fun, interactive activities to help kids handle powerful emotions for a lifetime of healthy behavioral choices.



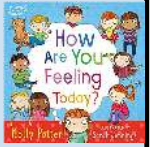
How are you feeling today?

Molly Potter

<https://amzn.to/2v6gpJo>

Children have strong feelings and they can't always handle them very well. Perfect for sharing, How Are You Feeling Today? is packed with fun, imaginative ways to help children understand and cope with a whole range of different emotions. This delightful book gives parents the tools they need to help their child deal with those feelings - without it all ending in tears!

A great dip-in book where children can choose a feeling that relates to them and then turn to the page that provides child-friendly strategies for dealing with that feeling. Helpful parent notes at the back of the book provide more ideas for parents to use with their child and other strategies to try out together and practice the all important skill of dealing with feelings.



Hands are not for Hitting

Martine Agassi

<https://amzn.to/2X5HXKA>

These titles are also ideal for playschool groups and reception classes. Developing good relationships with others is a key part of the Early Years Foundation Stage framework for all children Birth to 5 in registered Early Years settings (statutory from September 2008). The roll out of the SEAL (Social and Emotional Aspects of Learning) Curriculum to all Primary Schools puts an additional emphasis on teaching good behaviour and ways to deal with emotions throughout primary education. Features include rhythmic, repetitive text, friendly & ethnically diverse illustrations and humorous touches, plus a page of concise advice for parents/carers. Rhythmic, repetitive text makes these books fun to share or read aloud.



Challenging Behaviour: A Handbook: Practical Resource Addressing Ways of Providing Positive Behavioural Support to People with Learning Disabilities Whose Behaviour is Described as Challenging

Steve Hardy

<https://amzn.to/2vi0zLu>

This user friendly and accessible resource emphasises the importance of respecting people using services, their families and carers. It aims to support those working in services, to empower service users and to improve the quality of care. The authors developed this material with every effort to adhere to the Charter that has been developed by the Challenging Behaviour - National Strategy Group. The approach is based on positive behavioural support, offering person-centred support, individualised interventions that are clearly based on a functional assessment, understanding the person's needs and the environment in which they live. Key to this training resource has been the inclusion of the perspectives from families and people with learning disabilities.

