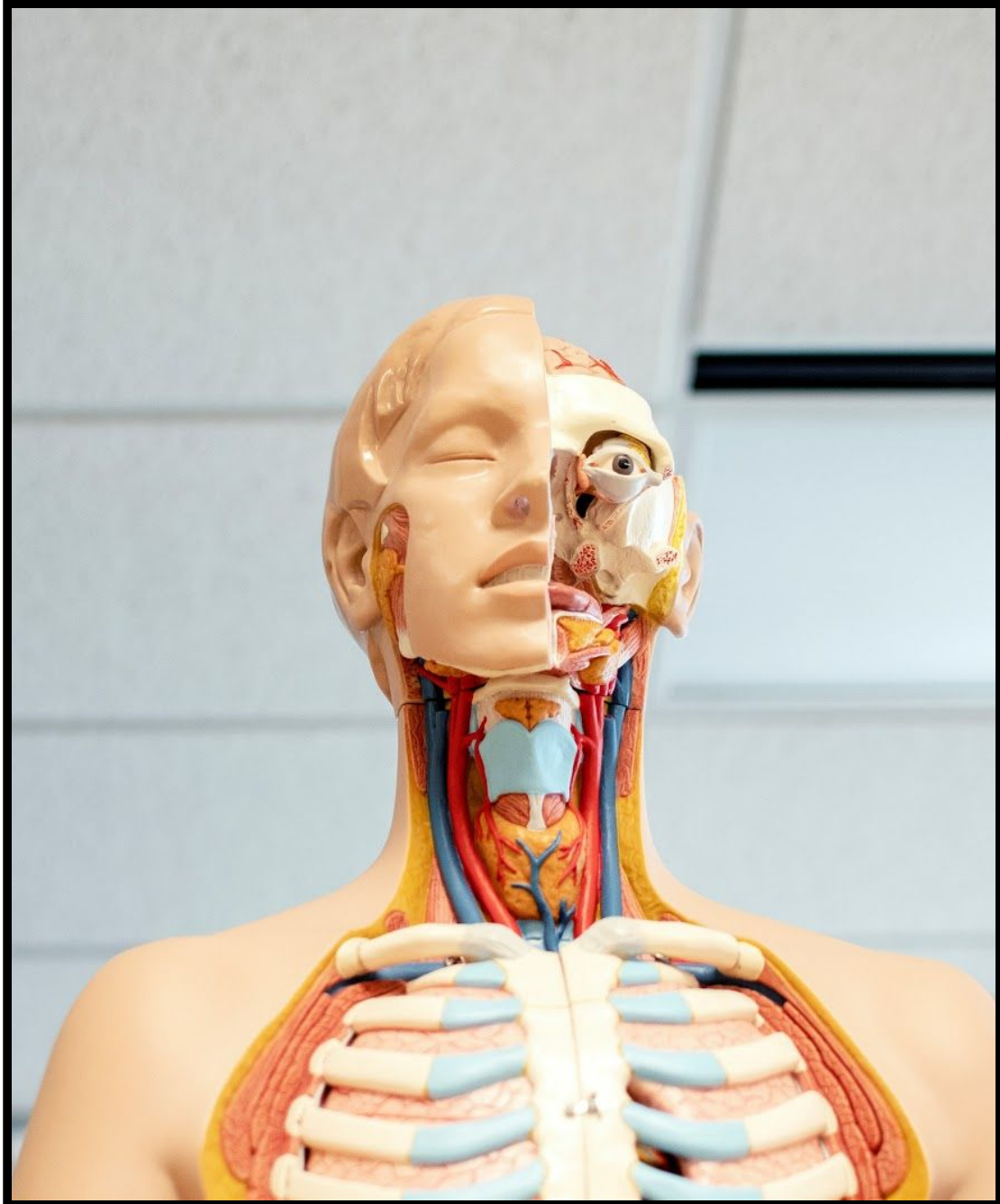
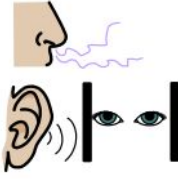
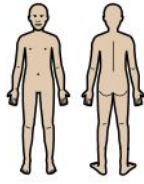


# The Human Body: A Sensory Adventure



*Inspiring Communication*

Joe White



An epic journey from your head to your toes.  
From your brain to your eye, your poo to your nose.

Suggested Sensory Resources
Skeleton, mannequin
Doctors coat
Goggles
Stethoscope.



Inside of your skull is a squidgy pink blob.  
Controlling your body is the brain's biggest job!

Suggested Sensory Resources
Sponges
Skull toy
Squidgy brain toy
Cauliflower





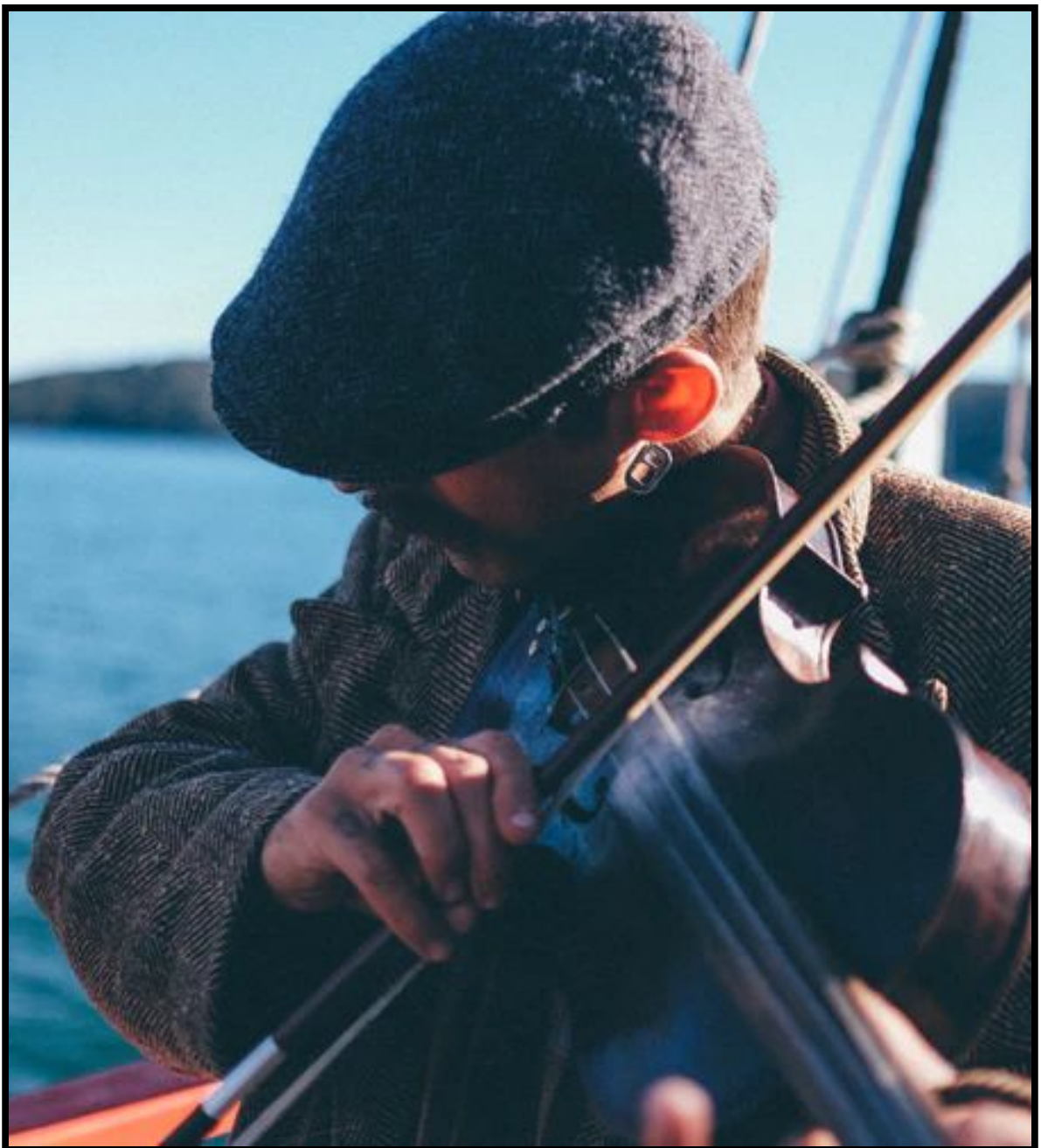
Linked to your brain are two shiny bright eyes.  
These are the bits that let you see, wink and cry.

Suggested Sensory Resources
Giant eyeball
Water spray/dropper
Kaleidoscope
Mirror



A nose is a thing that helps you sneeze, smell and sniff.  
Lovely lavender, strawberries and oh! What's that whiff?

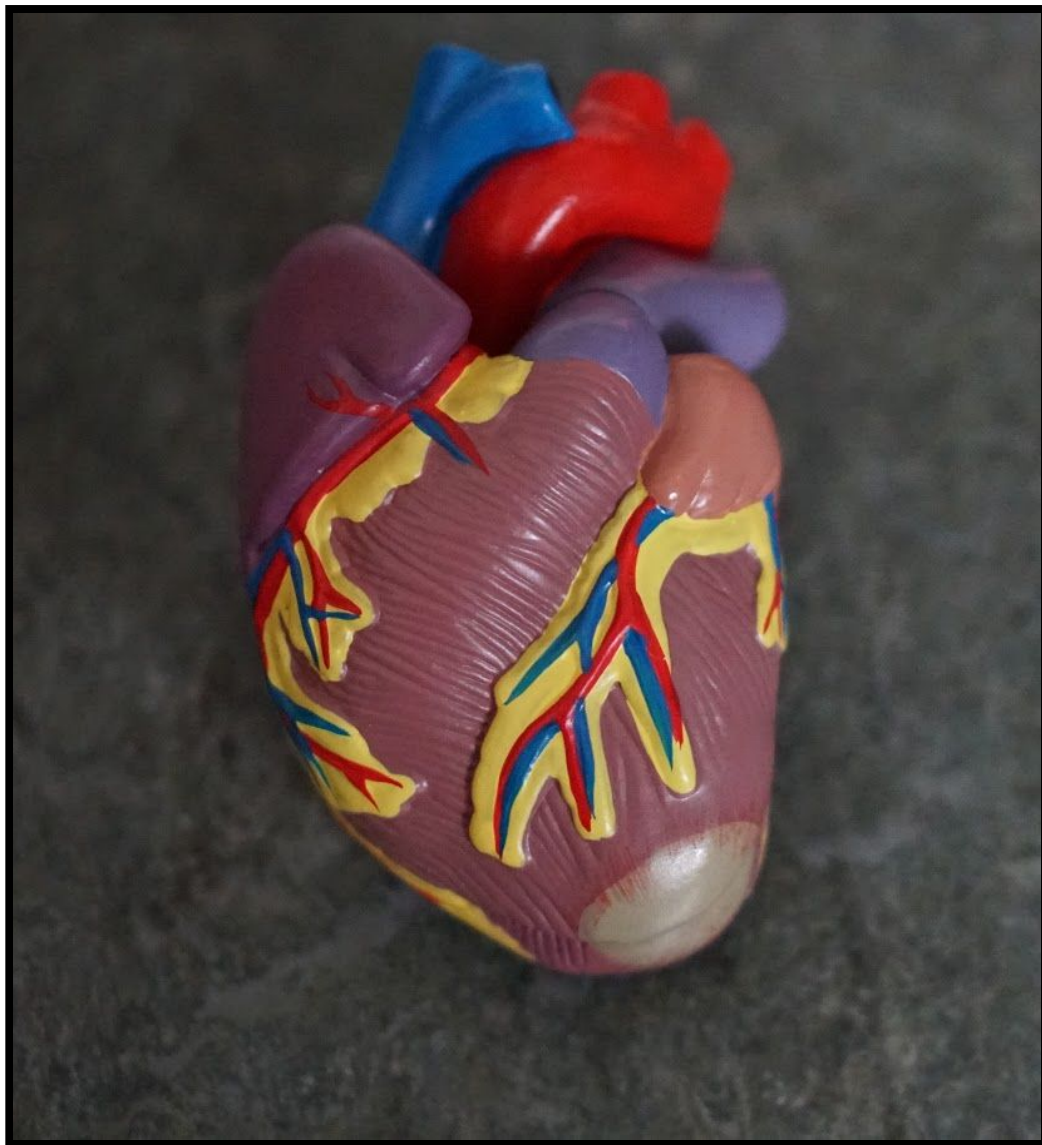
Suggested Sensory Resources
Lavender bag/sprigs
Smell pots - variety or pleasant smells
Garlic or onions
Fruit



Next up, stuck to the side of your head, we discover two ears.  
They let us listen, to rain or crying, to honking or cheers.

Suggested Sensory Resources
Rain Stick
Water dropper
Sound Button - cheering, crying
Bike Horn





While we are listening can you hear a beat?  
We've found your heart pumping blood on repeat.

Suggested Sensory Resources
Heart beat sound effect
Large bass drum
Red cornflour goo
Stethoscope



Next comes the lungs so breathe in nice and slow  
Balloons, bubbles and whistles all need you to.. BLOW!

Suggested Sensory Resources
Balloons
Bubbles/Bubble machine
Windmill, whistle
Confetti





All the way from the mouth to your tummy  
slimy tubes take all the food that is yummy.

Suggested Sensory Resources
Spaghetti intestines
Big mouth
Items of food
Crunchy cereal



Finally from out of your bottom comes poo.  
Sometimes runny or stinky, and all made by you!

Suggested Sensory Resources
Play Dough Poo
Old Tights with poo dough in.
Sound Button
Noise maker



Now our sensory adventure has come to an end.  
We have learnt that our bodies are similar to our friends.

*The End*



## About Sensory Stories

Sensory Stories are a combination of spoken words and sensory stimuli. Combining these elements creates a fun and engaging way of telling a narrative that meets the needs of all learners. Sensory stories bring the words to life through a multi-sensory approach ensuring the learners are active participants. It also promotes turn taking, anticipation and learning to wait. Whilst in this story we use a less pleasant “whiff” none of the sensory stimuli should be aversive to the young person. If they display a negative reaction replace that element of the story. The ultimate aim is to inspire the young person to see the value in communicating.

I recommend stories be told to a group to promote positive interactions and sharing space and air with others. It is also a good idea to repeat the story to gain familiarity and a sense of anticipation.

### **Sensory elements recommended for use in this story.**

Sensory Resources				
Play Dough Poo	Spaghetti intestines	Balloons	Heart beat sound effect	Rain Stick
Old Tights with poo dough in.	Big mouth	Bubbles/Bubble machine	Large bass drum	Water dropper
Sound Button	Items of food	Windmill, whistle	Red cornflour goo	Sound Button - cheering, crying
Noise maker	Crunchy cereal	Confetti	Stethoscope	Bike Horn
Lavender bag/sprigs	Giant eyeball	Sponges	Skeleton, mannequin	<i>MSR - Video</i>
Smell pots - variety or pleasant smells	Water spray/dropper	Skull toy	Doctors coat	<i>MSR - Colour change Lights</i>
Garlic or onions	Kaleidoscope	Squidgy brain toy	Goggles	<i>MSR - Powerpoint</i>
Fruit	Mirror	Cauliflower	This Book	<i>MSR - Stereo</i>

MSR - Multi sensory room