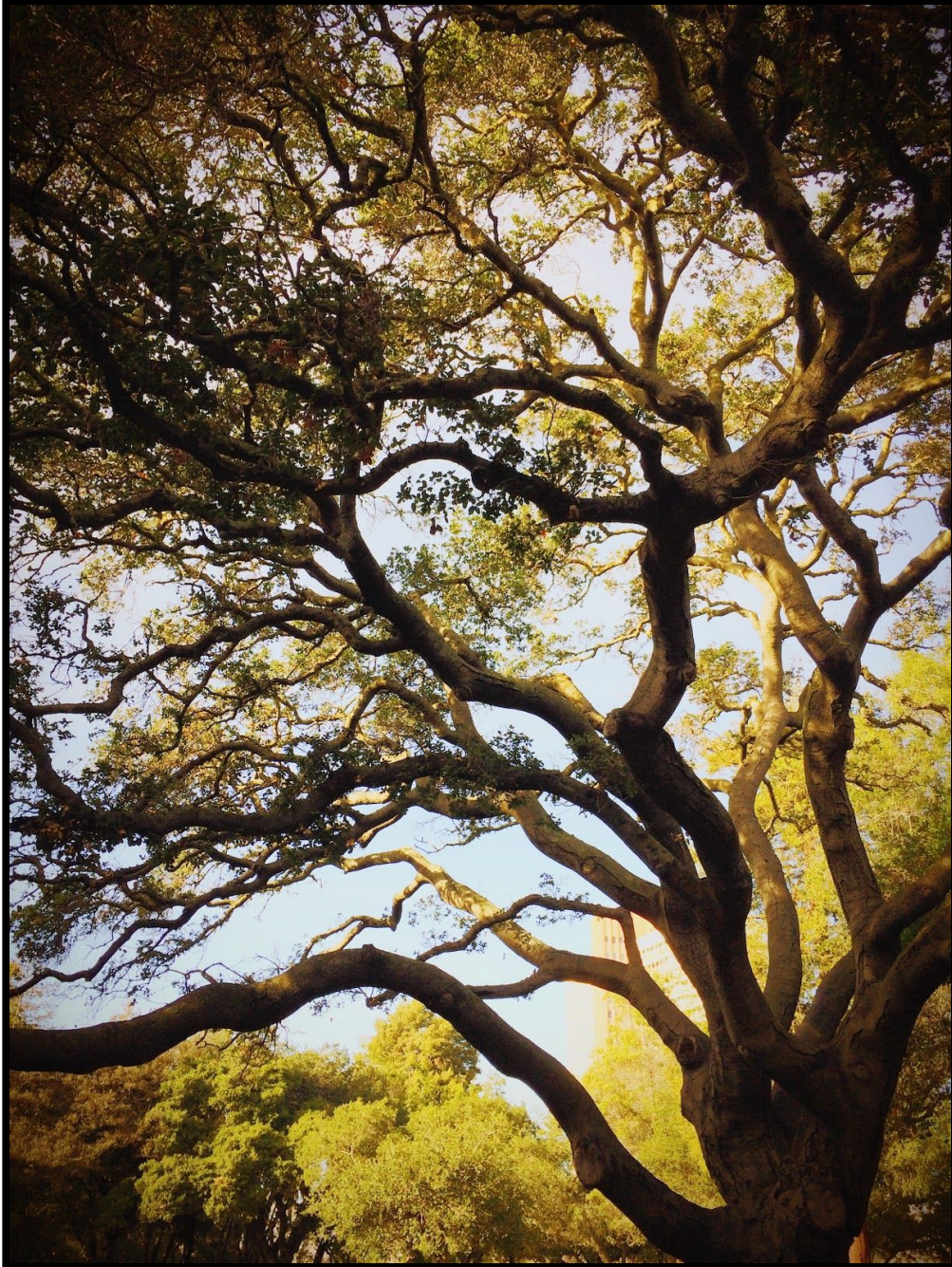


Sensory Story: The Autumn Forest



Inspiring Communication

Joe White



Feel the cold and misty air, damp upon your face.
We creep towards the forest, a calm and mystical place.

Suggested Sensory Resources
White material (with sparkles)
Mist water spray
Handheld fan
Forest Ambience Sound Effect



Take a minute to sit and watch the dusty sunbeams.
Breaking upon leaves of yellow, brown and green.

Suggested Sensory Resources
Torch, talcum powder
Forest smell
Brown/Green material
Video



Autumn is here, leaves begin their fall softly to the ground.
Brown and crunchy, yellow and crisp all together in a mound

Suggested Sensory Resources
Leaves Sensory Umbrella
Dried leaves
Brown material (lay over)
Sensory Jar (leaf and twig)



Each tree is wrapped up safe in its armoured skin.
The scaly, rough bark protects the wood within.

Suggested Sensory Resources
Some Bark
Rough and smooth material for contrast
Crayons for bark rubbing



Lying cold and heavy on the soft, earthy forest floor.
A log, old, forgotten, hard outside, rotting from the core.

Suggested Sensory Resources
Soil in smell pot
Hard and soft material in bowl
Foam mat to lie on



We walk further between the soaring forest trees,
Snap, goes a twig as leaves rustle in the breeze.

Suggested Sensory Resources
Twigs
Leaves on a branch to shake
Fan
Forest walk sound effect



With feathers soft and song so sweet.
The Robin flies, hops and tweets

Suggested Sensory Resources
Feathers
Bird Song sound button
Material with feathers on (as wings)



The squirrel builds his home high in the trees,
Finding nuts and seeds before winters freeze,

Suggested Sensory Resources
Bowl of acorns
Squirrel Puppet
Fur material



The Forest can provide tasty food for us too.
Like this basket of berries this forest grew.

Suggested Sensory Resources
Raspberries
Blackberries
Basket
Fruit fragranced sponges



Now our sensory adventure has come to an end.
A trip to the forest in Autumn, I do recommend.

The End

About Sensory Stories

Sensory Stories are a combination of spoken words and sensory stimuli. Combining these elements creates a fun and engaging way of telling a narrative that meets the needs of all learners. Sensory stories bring the words to life through a multi-sensory approach ensuring the learners are active participants. It also promotes turn taking, anticipation and learning to wait. Whilst in this story we use a less pleasant “whiff” none of the sensory stimuli should be aversive to the young person. If they display a negative reaction replace that element of the story. The ultimate aim is to inspire the young person to see the value in communicating.

I recommend stories be told to a group to promote positive interactions and sharing space and air with others. It is also a good idea to repeat the story to gain familiarity and a sense of anticipation.

Sensory elements recommended for use in this story.

Sensory Resources				
White material (with sparkles)	Torch, talcum powder	Leaves Sensory Umbrella	Some Bark	Twigs
Mist water spray	Forest smell	Dried leaves	Rough and smooth material for contrast	Leaves on a branch to shake
Handheld fan	Brown/Green material	Brown material (lay over)	Crayons for bark rubbing	Fan
Forest Ambience Sound Effect	Video	Sensory Jar (leaf and twig)	Basket	Forest walk sound effect
Feathers	Bowl of acorns	Raspberries	Fur Material	Feathered Material
Bird Song sound button	Squirrel Puppet	Blackberries	<u>MSR - Orange lights</u>	<u>MSR - Video</u>

MSR - Multi Sensory room



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