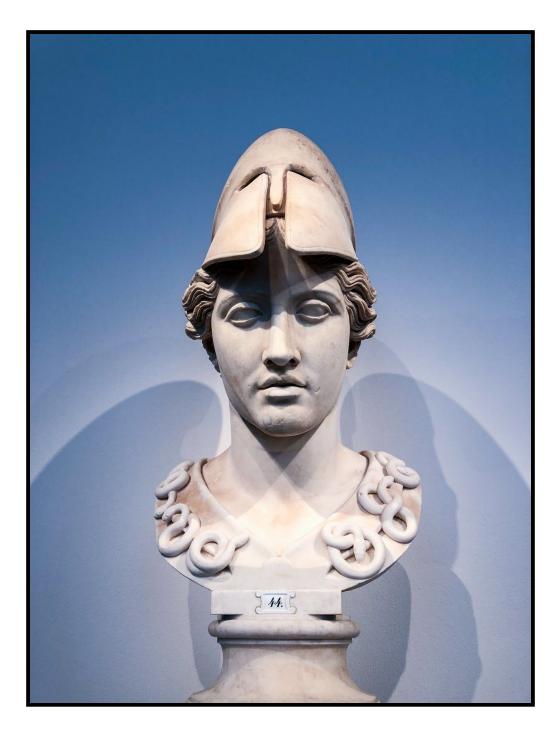
# A Sensory Odyssey Part 1 - Troy



**Inspiring Communication** 

Joe White



We fought for ten long years, a city by the sea. King Agamemnon battled fiercely to set his wife free.

(Paris had taken away his beautiful wife To get Helen back he would fight for her life)

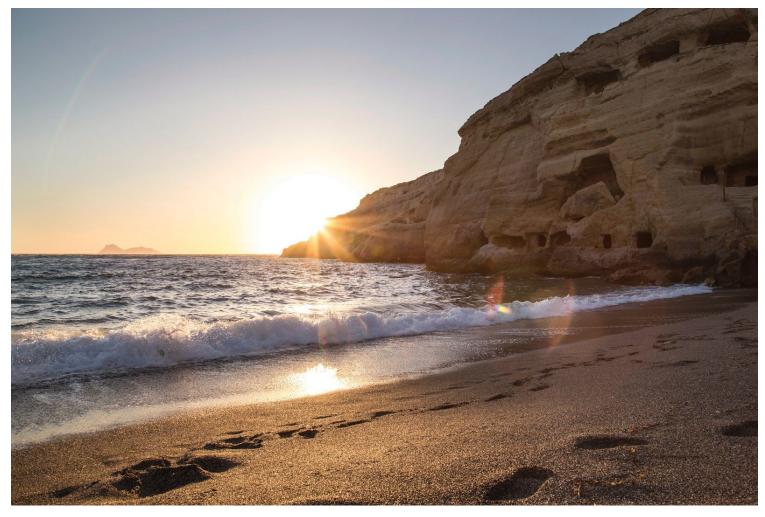
Suggested Sensory Resources	
Seaweed	
Water Bowl	
Sea Scent Spray	
Blue lighting	



Breathing in the scents of Troy, a city of wealth and power. A rich, fragrant city of cherries, fennel and lily flowers.

(Gates of rough wood and towers of the hardest stone. King Priam sits within the walls safe on his golden throne.)

Suggested Sensory Resources	
Scents, fruits	
Wooden pieces	
Small Stones	
Bright lighting	



There have been many deaths on this sandy beach. Fire, hate, and fury. Battles and anger unleashed.

(The Greek hero Achilles was shot through the heel. Killed by an arrow made of sharpened steel.)

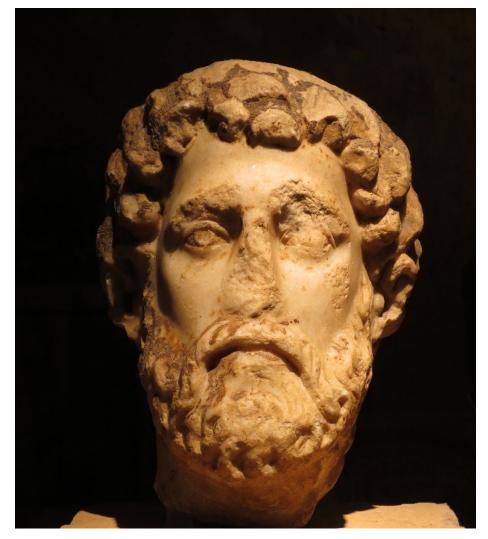
## **Suggested Sensory Resources**

Sand Tray

Red, yellow Cloth

Arrow with tin foil head

**Bright lighting** 



I am Odysseus the cunning, our army needs a plan. We've got to destroy the city and I am just the man.

(The Gods Poseidon and Apollo built the walls of Troy To even up the odds I need to use a mortal's ploy)

# **Suggested Sensory Resources**

Apollo and Poseidon sensory umbrellas

Bust or figure

Fake beard

Walls images



A gift of a wooden horse, inside our soldiers wait Our army hides, the Trojans open up the gate

(What fools we tricked them their fate is sealed The horse is pulled inside on wooden wheels)

Suggested Sensory	Resources
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Wood

Model horse

Gate, squeaking sound effect

Reduce lighting



Once night falls we burst from the horse Burning the city, an unstoppable force.

(Buildings burn and fires rage A city destroyed the end of an age)

### **Suggested Sensory Resources**

Smoky smell (Lapsang Souchong tea)

Warm temperature

Red lighting

Clothes to represent fire.



The battle finally won and honour restored. Disagreements settled with fire and sword

Now I sail home to Ithaca on a wooden ship. It could be a windy, rough, and stormy trip.

### **Suggested Sensory Resources**

Model boat

Fan

Water spray

Storm Sound effects



Now our sensory adventure has come to an end. We have learnt about Odysseus and some of his friends.

# The End



### **About Sensory Stories**

Sensory Stories are a combination of spoken words and sensory stimuli. Combining these elements creates a fun and engaging way of telling a narrative that meets the needs of all learners. Sensory stories bring the words to life through a multi-sensory approach ensuring the learners are active participants. It also promotes turn-taking, anticipation and learning to wait. Whilst in this story we use a less pleasant "whiff" none of the sensory stimuli should be aversive to the young person. If they display a negative reaction replace that element of the story. The ultimate aim is to inspire the young person to see the value in communicating.

I recommend stories be told to a group to promote positive interactions and sharing space and air with others. It is also a good idea to repeat the story to gain familiarity and a sense of anticipation.

### Sensory elements recommended for use in this story.

Sensory Resources						
Model boat	Smoky smell (Lapsang Souchong tea)	Wood	Apollo and Poseidon sensory umbrellas	Sand Tray		
Fan	Warm temperature	Model horse	Bust or figure	Red, yellow Cloth		
Water spray	Red lighting	Gate, squeaking sound effect	Fake beard	Arrow with tin foil head		
Storm Sound effects	Clothes to represent fire.	Reduce lighting	Walls images	Bright lighting		
Scents, fruits	Seaweed	Seaweed	Greek Helmet			
Wooden pieces	Water Bowl	Water Bowl				
Small Stones	Sea Scent Spray	Sea Scent Spray				
Bright lighting	Blue lighting	Blue lighting				

Written by Joe White 2019

Images From unslash.com

More Sensory Stories available form Inclusiveteach.com