

Snow Bear: A Winter Sensory Adventure



Inspiring Communication

Joe White



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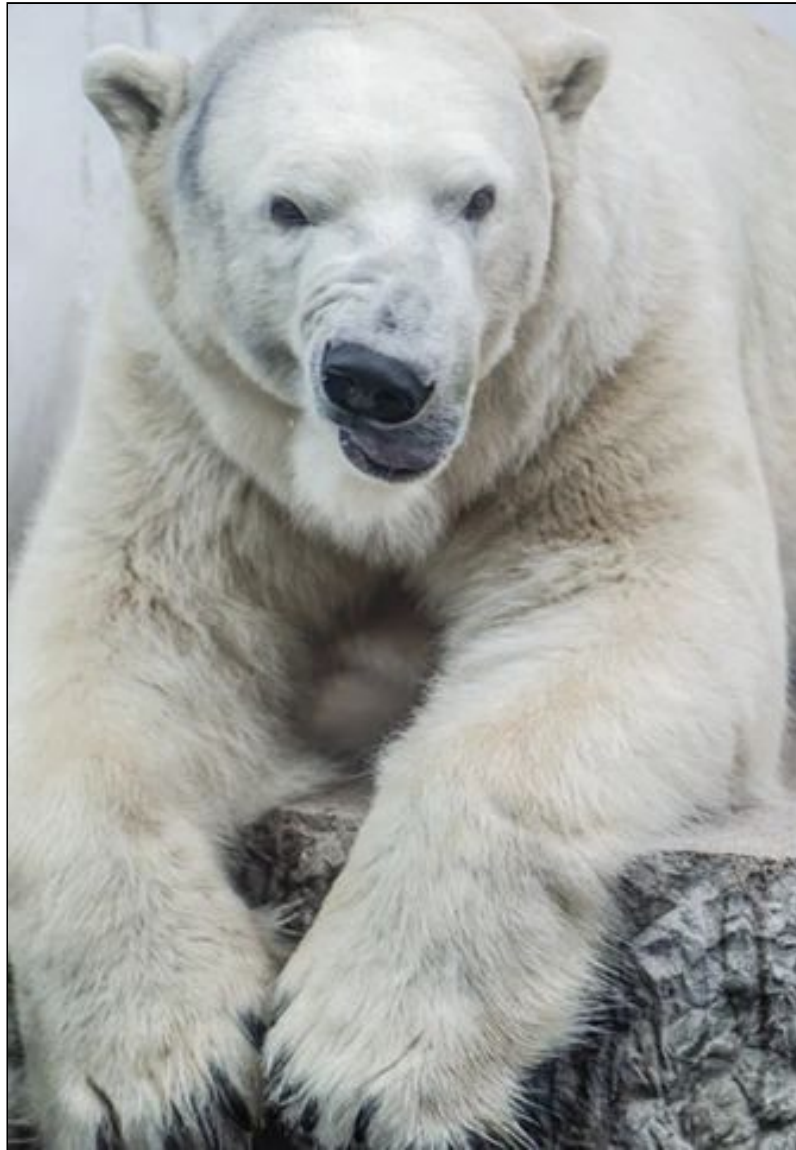
Hi there I'm Snow Bear I'm looking for food.
Excuse me, I'm hungry, I don't mean to be rude.

Suggested Sensory Resources
Polar bear toy/puppet
Tummy rumbling sound effect
Looking sign/gesture



I have to go hunting far out on the ice.
Walking for miles to find something nice.

Suggested Sensory Resources
Ice cubes
Drum beat to walking
Crunching snow sound
Crunch cereal in white bag



No brollies or wellies I just have my fur.
It keeps out the cold, can you feel it? Brrrrr

Suggested Sensory Resources

Cold air blown by fan

Fake fur

Wet ball for nose

Sign/Gesture Brrrr



The ice just keeps melting, less snow on the ground.
It just keeps on dripping, no food to be found.

Suggested Sensory Resources
Ice in water
Water dropper
Fake snow covered sensory tray



At last, I come to the edge of the land.
I dive into the sea, almost too cold to stand.

Suggested Sensory Resources
Rocks sensory tray
Cold water
Splash sound effect
Jump sign/gesture



Icebergs are bobbing and drifting along
Arctic Turns squawking, you can't call it a song

Suggested Sensory Resources
Bird squawk sound effect
Feathers
Ice in water



The bleak arctic beauty has to be admired
The sunshine is bright but I start to get tired

Suggested Sensory Resources
Bright yellow light
Shiny material
Yawn/exhausted gesture
Sensory umbrella: Sky



I swim and I swim through the sea deep and blue.
Hoping my dreams of food are about to come true.

Suggested Sensory Resources
Underwater sensory Umbrella
Swim sign/gesture
Blue lights
Splash sound effect



Finally, I spot it, a shimmering flash!
A slinky shiny fish making a splash!

Suggested Sensory Resources
Sequined fabric
Splash sound effect
Mirrors
Disco torch



Look at the fish swimming and swirling around.
There used to be plenty now only a few can be found.

Suggested Sensory Resources
Underwater umbrella (Fish)
Swirling blue or white lights



Squishy and fishy my favourite treat.
But I wish I could find more food to eat.

Suggested Sensory Resources
Squishy texture
Fish smell



We wave goodbye to our friend Snow Bear.
We are leaving behind the cold Arctic air
The planet is changing we hope that you care.

The End



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About Sensory Stories

Sensory Stories are a combination of spoken words and sensory stimuli. Combining these elements creates a fun and engaging way of telling a narrative that meets the needs of all learners. Sensory stories bring the words to life through a multi-sensory approach ensuring the learners are active participants. It also promotes turn-taking, anticipation and learning to wait. Whilst in this story we use a less pleasant “whiff” none of the sensory stimuli should be aversive to the young person. If they display a negative reaction replace that element of the story. The ultimate aim is to inspire the young person to see the value in communicating.

I recommend stories be told to a group to promote positive interactions and sharing space and air with others. It is also a good idea to repeat the story to gain familiarity and a sense of anticipation.

Sensory elements recommended for use in this story.

Sensory Resources				
Polar bear toy/puppet	Sequined fabric	Bird squawk sound effect	Rocks sensory tray	Ice cubes
Tummy rumbling sound effect	Splash sound effect	Feathers	Cold water	Drum beat to walking
Looking sign/gesture	Mirrors	Ice in water	Swim sign/gesture	Crunching snow sound
Squishy texture	Disco torch	Bird squawk sound effect	Jump sign/gesture	Crunch cereal in white bag
Fish smell	Underwater sensory Umbrella	Swirling blue or white lights	Splash sound effect	Underwater umbrella (Fish)

Written by Joe White 2019

Images From [unslash.com](https://www.unslash.com)

More Sensory Stories available from [Inclusiveteach.com](https://www.inclusiveteach.com)