

It's Miles To The Nile!

An Egyptian Sensory Adventure



Inspiring Communication

Joe White





We are traveling through Egypt
Searching for a Pharaoh's tomb,
But it's miles to the Nile
And the sun will go down soon.

Suggested Sensory Resources
Light as the sun
Egypt Sensory umbrella
Egyptian music



Riding on a grumpy camel
With a really smelly coat,
But it's miles to the Nile
And we have to catch the boat.

Suggested Sensory Resources
Camel fur
Camel sound effect
Smell resources



The desert sands are blowing
Into huge and endless dunes,
But it's miles to the Nile
And we are running out of prunes.

Suggested Sensory Resources
Sand
Prunes
Fan for wind (warm if possible)



There! Look a scarab beetle,
It's eating all the dung,
But it's miles to the Nile
And the camel's sticking out his tongue.

Suggested Sensory Resources
Toy beetle
Homemade dung
Sticky wet sponge as tongue



Watch out there's a cobra
It's hiding in the rocks,
But it's miles to the Nile
And we are stuck behind an ox.

Suggested Sensory Resources
Rocks
Snake skin
Toy snake



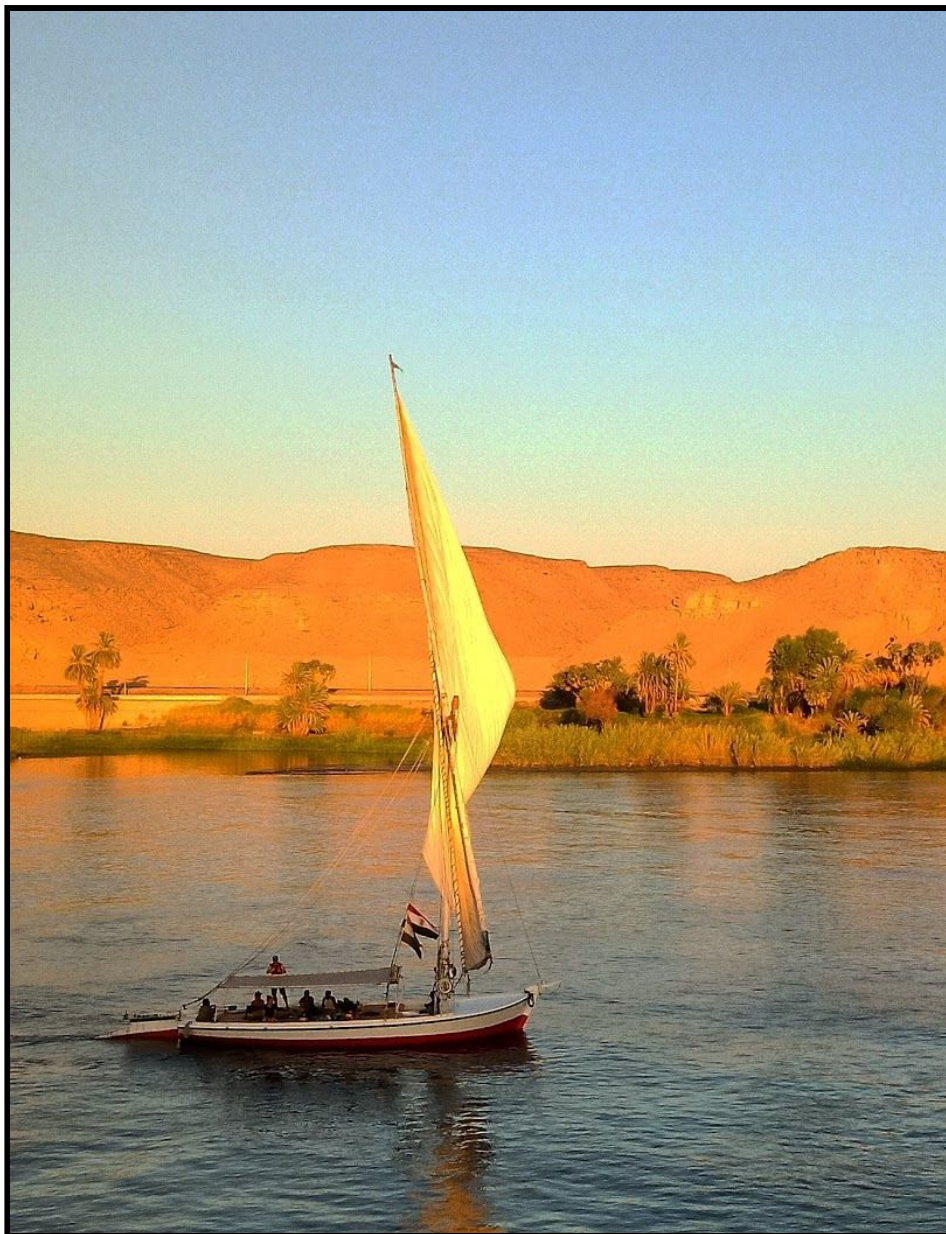
It is night and time for bed,
I can hear the jackals calling
But it's miles to the Nile
And the camel smells appalling.

Suggested Sensory Resources
Jackals sound effect
Night Time Sensory Umbrella
Camel Smell



We've reached the banks
With rustling papyrus reeds,
We're right here on the Nile
Let's find out where it leads.

Suggested Sensory Resources
Reeds
Papyrus paper
Rustling sound effect



On the shimmering river
A boat with linen sails
Drifting slowly down the Nile
Look out, crocodile tails!

Suggested Sensory Resources
Water sound effect
Toy boat in the water
Sailcloth
Crocodile tail



Tall and ancient, made of stone
A pyramid looms into sight
We've sailed miles down the Nile
Just past Memphis then turn right

Suggested Sensory Resources
2d pyramid prop
Stones



We climb inside the Pharoah's tomb
Lots of gold and honey. Yummy.
A shuffling sound, back to the Nile!
Quick run here comes a mummy!

Suggested Sensory Resources
Gold shiny sensory umbrella
Shuffling sound
Toilet paper (to throw/wrap)



Our Egyptian journey is ending
We have learnt an awful lot
Traveled miles down the Nile.
Would you come back or not?

Suggested Sensory Resources
Egyptian music

The End



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About Sensory Stories

Sensory Stories are a combination of spoken words and sensory stimuli. Combining these elements creates a fun and engaging way of telling a narrative that meets the needs of all learners. Sensory stories bring the words to life through a multi-sensory approach ensuring the learners are active participants. It also promotes turn-taking, anticipation and learning to wait.

Whilst in this story we use a less pleasant “whiff” none of the sensory stimuli should be aversive to the young person. If they display a negative reaction replace that element of the story. The ultimate aim is to inspire the young person to see the value in communicating.

I recommend stories be told to a group to promote positive interactions and sharing space and air with others. It is also a good idea to repeat the story to gain familiarity and a sense of anticipation.

Sensory elements recommended for use in this story.

Sensory Resources				
Light as the sun	Sand	Rocks	Reeds	Water sound effect
Egypt Sensory umbrella	Prunes	Snake skin	Papyrus paper	Toy boat in the water
Egyptian music	Fan for wind (warm if possible)	Toy snake	Rustling sound effect	Sailcloth
Camel fur	Toy beetle	Jackals sound effect	Gold shiny sensory umbrella	Crocodile tail
Camel sound effect	Homemade dung	Night Time Sensory Umbrella	Shuffling sound	2d pyramid prop
Smell resources	Sticky wet sponge as tongue	Camel Smell	Toilet paper (to throw/wrap)	Stones

Written by Joe White 2020

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