

SUPPORT & STRATEGIES FOR CHILDREN AND ADULTS WITH SEND

Mental Health and SEND: Coronavirus

57 Items

#SENexchange Discussion May 2020

**#SENexchange**
@SENexchange

Q1 - What mental health challenges are our children facing at the moment? [#SENexchange](#)



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q1 - What mental health challenges are our children facing at the moment?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020

 7:00 PM - May 20, 2020

 [See #SENexchange's other Tweets](#)



Joe W @jw_teach · May 20, 2020



#SENexchange is starting now - Discussing the mental health of those with SEND! Join in! twitter.com/SENexchange/st...

#SENexchange @SENexchange

Q1 - What mental health challenges are our children facing at the moment? #SENexchange



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q1 - What mental health challenges are our children facing at the moment?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



Ms Barnsley

@devschsenco

Anxiety, distress caused by change, stress caused by anticipation of going back to school #SENexchange

♡ 4 7:02 PM - May 20, 2020



See Ms Barnsley's other Tweets



Ms Barnsley @devschsenco · May 20, 2020



Replying to @jw_teach

Anxiety, distress caused by change, stress caused by anticipation of going back to school #SENexchange



Ms Barnsley

@devschsenco

Bereavement for some #SENexchange

♡ 1 7:02 PM - May 20, 2020



See Ms Barnsley's other Tweets





#SENExchange @SENExchange · May 20, 2020



Q1 - What mental health challenges are our children facing at the moment? [#SENExchange](#)



#SENExchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q1 - What mental health challenges are our children facing at the moment?

#SENExchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



Harry Empsall

@hazzdingo

Definatly some anxiety and depression, combination of missing loved ones and worrying about whats going on [#SENExchange](#)

♡ 3 7:03 PM - May 20, 2020



[See Harry Empsall's other Tweets](#)



Ms Barnsley @devschsenco · May 20, 2020



Replying to @devschsenco @jw_teach
Bereavement for some [#SENExchange](#)



#SENExchange

@SENExchange

Do you have any resources/sites that are good for SEND learners? [#SENExchange](#)

♡ 7:03 PM - May 20, 2020



[See #SENExchange's other Tweets](#)



Harry Empsall @hazzdingo · May 20, 2020



Replying to @SENExchange
Definatly some anxiety and depression, combination of missing loved ones and worrying about whats going on [#SENExchange](#)



#SENExchange

@SENExchange

How can we support children missing love ones? [#SENExchange](#)

♡ 7:04 PM - May 20, 2020



[See #SENExchange's other Tweets](#)





#SENexchange
@SENexchange



Q2 - How can we support the transition back into educational placements?

What needs to be in place first? [#SENexchange](#)



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q2 - How can we support the transition back into educational placements? What needs to be in place first?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020

♡ 7:05 PM - May 20, 2020



[See #SENexchange's other Tweets](#)



#SENexchange @SENexchange · May 20, 2020



Replying to @hazzdingo

How can we support children missing love ones? [#SENExchange](#)



Harry Empsall
@hazzdingo

Reassurance [#SENexchange](#)

♡ 1 7:05 PM - May 20, 2020



[See Harry Empsall's other Tweets](#)



#SENexchange @SENexchange · May 20, 2020



Replying to @devschsenco @jw_teach

Do you have any resources/sites that are good for SEND learners? [#SENexchange](#)



Ms Barnsley
@devschsenco

Depends on age/cognition etc anxiety gremlin or a child's guide for understanding anxiety I've used. Sensory support and relaxation techniques for some [#SENexchange](#)

♡ 2 7:05 PM - May 20, 2020



[See Ms Barnsley's other Tweets](#)





Harry Empsall @hazzdingo · May 20, 2020



Replying to @SENexchange
Reassurance [#SENexchange](#)



#SENexchange
@SENexchange

is asking staff to talk about their experiences a good idea?
[#SENexchange](#)

♡ 7:06 PM - May 20, 2020



[See #SENexchange's other Tweets](#)



Ms Barnsley @devschsenco · May 20, 2020



Replying to @SENexchange @jw_teach
Depends on age/cognition etc anxiety gremlin or a child's guide for understanding anxiety I've used. Sensory support and relaxation techniques for some [#SENexchange](#)



#SENexchange
@SENexchange

good ideas. So story massage maybe? [#SENexchange](#)

♡ 7:06 PM - May 20, 2020



[See #SENexchange's other Tweets](#)



#SENexchange @SENexchange · May 20, 2020



Q2 - How can we support the transition back into educational placements?

What needs to be in place first? [#SENexchange](#)



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q2 - How can we support the transition back into educational placements? What needs to be in place first?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



Ms Barnsley
@devschsenco

Social stories, sharing plans/changes with parents, visuals, reduced pressure, focus on wellbeing [#SENexchange](#)

♡ 5 7:07 PM - May 20, 2020



[See Ms Barnsley's other Tweets](#)





Gary Aubin @SENDMattersUK · May 20, 2020



Replying to @SENexchange @hazzdingo

My son's teacher called and mentioned to us that she'd just spoken to his friends. It really helped him to feel connected and more motivated to connect with them, ie over Zoom.



#SENexchange

@SENexchange

so maintaining connection is important for many.

[#SENexchange](#)



7:07 PM - May 20, 2020



[See #SENexchange's other Tweets](#)



#SENexchange @SENexchange · May 20, 2020



Q1 - What mental health challenges are our children facing at the moment? [#SENexchange](#)



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q1 - What mental health challenges are our children facing at the moment?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



Dr Chris Moore

@EPInsight

Loss of routines which were predictable and comforting. Restricted social connection and physical touch. Sadness and loss as a result of bereavement. Stress due to family tension and conflict. [#SENexchange](#)



5 7:07 PM - May 20, 2020



[See Dr Chris Moore's other Tweets](#)





Gary Aubin @SENDMattersUK · May 20, 2020



Replying to @SENexchange

Not knowing what's coming next. It's very unsettling for all of us, let alone children who may struggle to make sense of the world anyway.



#SENexchange

@SENexchange

yes I can deffo relate to that! [#SENexchange](#)



7:08 PM - May 20, 2020



[See #SENexchange's other Tweets](#)



Harry Empsall @hazzdingo · May 20, 2020



Replying to @SENexchange

Not going full time straight away i think is important , young kids especially in nursery/reception may cry as they want mum/dad and because you cant hug them due to social distancing , you have to leave them 😞😞



Harry Empsall

@hazzdingo

[#SENexchange](#)



1 7:08 PM - May 20, 2020



[See Harry Empsall's other Tweets](#)



#SENexchange @SENexchange · May 20, 2020



Replying to @hazzdingo

is asking staff to talk about their experiences a good idea?

[#SENexchange](#)



Harry Empsall

@hazzdingo

Oh absolutely, its important to learn from each other especially now [#SENexchange](#)



7:09 PM - May 20, 2020



[See Harry Empsall's other Tweets](#)





Harry Empsall @hazzdingo · May 20, 2020



Replying to @hazzdingo @SENexchange
[#SENexchange](#)



#SENexchange

@SENexchange

Thats going to be really difficult. So finding an appropriate way to explain this so they don't feel pushed away.

[#SENexchange](#)

♡ 1 7:09 PM - May 20, 2020



[See #SENexchange's other Tweets](#)



#SENexchange @SENexchange · May 20, 2020



Replying to @SENDMattersUK @hazzdingo
so maintaining connection is important for many.
[#SENexchange](#)



Harry Empsall

@hazzdingo

Yes of course [##SENexchange](#)

♡ 7:09 PM - May 20, 2020



[See Harry Empsall's other Tweets](#)



#SENexchange

@SENexchange



Q3 - What resources/visuals have you found that would be beneficial to share?
[#SENexchange](#)



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q3 - What resources/visuals have you found that would be beneficial to share?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020

♡ 7:10 PM - May 20, 2020



[See #SENexchange's other Tweets](#)





#SENexchange @SENexchange · May 20, 2020



Replying to @hazzdingo

Thats going to be really difficult. So finding an appropriate way to explain this so they don't feel pushed away. [#SENexchange](#)



Harry Empsall

@hazzdingo

Yes [#SENexchange](#)

♡ 1 7:10 PM - May 20, 2020



[See Harry Empsall's other Tweets](#)



Dr Chris Moore @EPIInsight · May 20, 2020



Replying to @SENexchange

Loss of routines which were predictable and comforting. Restricted social connection and physical touch. Sadness and loss as a result of bereavement. Stress due to family tension and conflict. [#SENexchange](#)



#SENexchange

@SENexchange

Many children rely on that physical touch to identify people and make sense of things. It's going to be really difficult.

[#SENexchange](#)

♡ 3 7:10 PM - May 20, 2020



[See #SENexchange's other Tweets](#)



#SENexchange @SENexchange · May 20, 2020



Q3 - What resources/visuals have you found that would be beneficial to share? [#SENexchange](#)



#SENexchange
Wednesday 8:00pm

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[#SENexchange](#) - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



Ms Barnsley

@devschenco

@ReachoutASC has produced some great stuff

[#SENexchange](#)

♡ 3 7:11 PM - May 20, 2020



[See Ms Barnsley's other Tweets](#)





#SENexchange @SENexchange · May 20, 2020



Q2 - How can we support the transition back into educational placements?

What needs to be in place first? [#SENexchange](#)



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q2 - How can we support the transition back into educational placements? What needs to be in place first?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



Dr Chris Moore
@EPInsight

Ideally some easing of social distancing before the return, since younger children in particular will find this very hard. Visual supports will be needed for teaching new rules and routines. There should be an initial emphasis on play and practical learning [#SENexchange](#)

♡ 9 7:12 PM - May 20, 2020



[See Dr Chris Moore's other Tweets](#)



Ms Barnsley @devschsenco · May 20, 2020



Replying to @SENexchange

[@ReachoutASC](#) has produced some great stuff [#SENexchange](#)



#SENexchange
@SENexchange

Lynn always does. I have completed her course. Very insightful. [#SENexchange](#)

♡ 2 7:13 PM - May 20, 2020



[See #SENexchange's other Tweets](#)





Dr Chris Moore @EPIInsight · May 20, 2020



Replying to @SENexchange

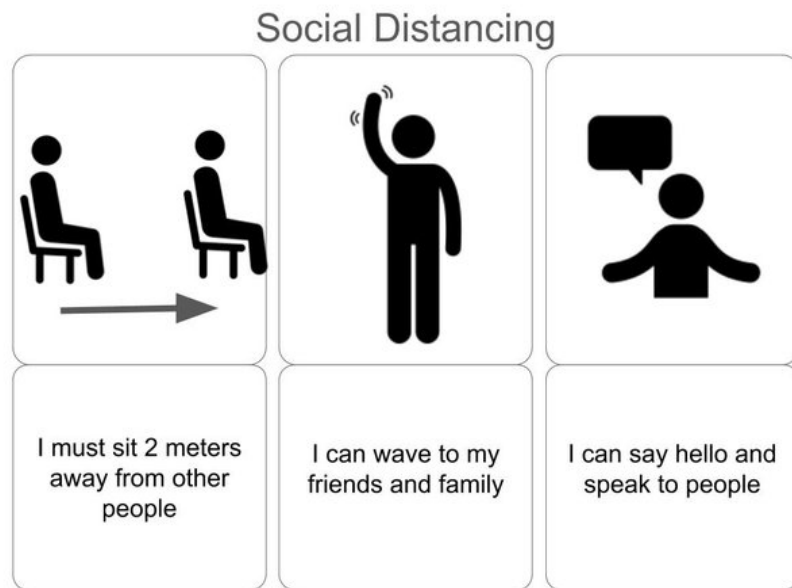
Ideally some easing of social distancing before the return, since younger children in particular will find this very hard. Visual supports will be needed for teaching new rules and routines. There should be an initial emphasis on play and practical learning [#SENexchange](#)



#SENexchange

@SENexchange

That would be good. I have started making some visuals. Just reinforce the rules the idea is you cut these up to present one at a time [#SENexchange](#)



Inclusiveteach.com

♡ 6 7:14 PM - May 20, 2020



[See #SENexchange's other Tweets](#)





#SENexchange
@SENexchange



Q4 - What barriers do autistic children/adults face in accessing mental health support? What can we do to overcome these? [#SENexchange](#)



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q4 - What barriers do autistic children/adults face in accessing mental health support? What can we do to overcome these?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020

♡ 3 7:15 PM - May 20, 2020



💬 15 people are talking about this



#SENexchange @SENexchange · May 20, 2020



Q3 - What resources/visuals have you found that would be beneficial to share? [#SENexchange](#)



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q3 - What resources/visuals have you found that would be beneficial to share?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



Harry Empsall
@hazzdingo

Mindfulness colouring [#SENexchange](#)

♡ 1 7:16 PM - May 20, 2020



👤 See Harry Empsall's other Tweets





#SENexchange @SENexchange · May 20, 2020



Q3 - What resources/visuals have you found that would be beneficial to share? [#SENexchange](#)



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q3 - What resources/visuals have you found that would be beneficial to share?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



Dr Chris Moore

@EPInsight

This is a great resource from [@DECPOfficial](#) on talking to children of different ages about COVID. Returning to school can't just be about adapting to a new normal - we have to help them make sense of their thoughts & feelings [#SENexchange bps.org.uk/sites/www.bps...](#)

♡ 5 7:18 PM - May 20, 2020



[See Dr Chris Moore's other Tweets](#)



Kate Holden @KateHolden_ASC · May 20, 2020



Replying to @SENexchange

In my experience, when pupils I support have been referred, it always comes back 'difficulties linked to their autism' esp w anxiety. CAMHS have asked me to support some sessions to aid communication. Face to face w therapist is difficult, as is talking.



#SENexchange

@SENexchange

So finding a way to communicate the anxieties? Maybe non-verbally? [#SENexchange](#)

♡ 2 7:19 PM - May 20, 2020



[See #SENexchange's other Tweets](#)





Dr Chris Moore @EPIInsight · May 20, 2020



Replying to @SENexchange

This is a great resource from @DECPOfficial on talking to children of different ages about COVID. Returning to school can't just be about adapting to a new normal - we have to help them make sense of their thoughts & feelings #SENexchange bps.org.uk/sites/www.bps...



#SENexchange

@SENexchange

Thank you for sharing that looks useful. #SENexchange

♡ 7:19 PM - May 20, 2020



See #SENexchange's other Tweets



#SENexchange

@SENexchange



Q5 - What can we do to support sensory beings (PMLD pupils) with their mental health?#SENexchange



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q5 - What can we do to support sensory beings (PMLD pupils) with their mental health?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020

♡ 1 7:20 PM - May 20, 2020



See #SENexchange's other Tweets





#SENexchange @SENexchange · May 20, 2020



Q4 - What barriers do autistic children/adults face in accessing mental health support? What can we do to overcome these?

#SENexchange



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q4 - What barriers do autistic children/adults face in accessing mental health support? What can we do to overcome these?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



Ms Barnsley

@devschsenco

Talking therapy is not always accessible but typically whsts offered. Lack of understanding. Dismissed as part of Autism
#SENexchange

♡ 5 7:20 PM - May 20, 2020



See Ms Barnsley's other Tweets



#SENexchange @SENexchange · May 20, 2020



Q5 - What can we do to support sensory beings (PMLD pupils) with their mental health?#SENexchange



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q5 - What can we do to support sensory beings (PMLD pupils) with their mental health?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



Ms Barnsley

@devschsenco

Sensory diets, relaxation, observing responses carefully, no assumptions #SENexchange

♡ 4 7:21 PM - May 20, 2020



See Ms Barnsley's other Tweets





#SENexchange
@SENexchange



[#SENexchange twitter.com/KateHolden_ASC...](#)

Kate Holden @KateHolden_ASC
Replying to @SENexchange

Yes - definitely works. When I've helped CAMHS, ive made cards so eg, what anxiety feels like for me - have all signs on cards and the oerson sorts into yes/no

♡ 3 7:21 PM - May 20, 2020



[See #SENexchange's other Tweets](#)



#SENexchange
@SENexchange



[#SENexchange twitter.com/SENDMattersUK/...](#)

Gary Aubin @SENDMattersUK
Replying to @SENexchange

Vital that we don't forget the support our parents might need. Despite good intentions, it would be easy to forget parents' needs in the context of how busy we'll be supporting our young people

♡ 4 7:22 PM - May 20, 2020



[See #SENexchange's other Tweets](#)



Gary Aubin @SENDMattersUK · May 20, 2020



Replying to @SENexchange

Vital that we don't forget the support our parents might need. Despite good intentions, it would be easy to forget parents' needs in the context of how busy we'll be supporting our young people



#SENexchange
@SENexchange

Very true, need to work together on this more than ever!
[#SENexchange](#)

♡ 7:23 PM - May 20, 2020



[See #SENexchange's other Tweets](#)



SEN_David 🦠🔑🕒🍷🕯️💻🧑🏻🌳 May 20, 2020 🐦

Replying to @SENexchange @EPIInsight

I suppose, I can share our new "class rules" sorry, they are in German, but I hope you can guess what they mean. 😊



#SENexchange

@SENexchange

Love the fact these are measured in Pizzas! #SENexchange

♡ 2 7:23 PM - May 20, 2020



[See #SENexchange's other Tweets](#)



#SENexchange @SENexchange · May 20, 2020



Q5 - What can we do to support sensory beings (PMLD pupils) with their mental health? #SENexchange



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q5 - What can we do to support sensory beings (PMLD pupils) with their mental health?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



Dr Chris Moore

@EPIInsight

Maintain routines as far as possible. Continue to use visual communication supports which are familiar, even when routines or environments are changed. Access to preferred sensory items will help to provide predictable regulation and comfort #SENexchange

♡ 4 7:24 PM - May 20, 2020

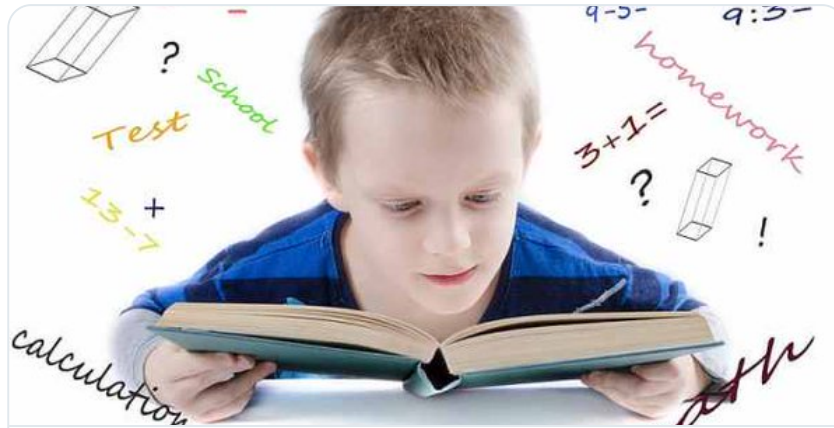


[See Dr Chris Moore's other Tweets](#)





Gary Aubin @SENDMattersUK · May 20, 2020
bit.ly/2AusBt8 twitter.com/senexchange/st...



Parents: supporting children with SEND during home-...

I'm a teacher. It can be really hard getting pupils to work consistently well, to the level where they make great
sendmatters.co.uk

#SENexchange @SENexchange

Replying to @SENDMattersUK

Very true, need to work together on this more than ever!
#SENexchange



#SENexchange

@SENexchange

Awesome - have followed the site. Thank you for sharing Gary. [#SENexchange](#)

♡ 7:24 PM - May 20, 2020



[See #SENexchange's other Tweets](#)





#SENexchange @SENexchange · May 20, 2020



Q5 - What can we do to support sensory beings (PMLD pupils) with their mental health? [#SENexchange](#)



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q5 - What can we do to support sensory beings (PMLD pupils) with their mental health?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



Cherry Garden 🍒 **Branch Maps #SENDAtHome**
@MapsCherry

It will be impossible to socially distance from children with the most significant needs (thankfully), so hopefully we should still be able to build our relationships and respond to their needs according to their individual communications (it might take time though) [#SENexchange](#)

♡ 7 7:25 PM - May 20, 2020 · North East, England



See Cherry Garden 🍒 Branch Maps #SENDAtHome's other Tweets



Cherry Garden 🍒 **Branch Maps #SENDAtH...** · May 20, 2020

Replying to @SENexchange

It will be impossible to socially distance from children with the most significant needs (thankfully), so hopefully we should still be able to build our relationships and respond to their needs according to their individual communications (it might take time though) [#SENexchange](#)



#SENexchange
@SENexchange

It will be impossible especially with personal care, greeting etc Have you risk assessed these approaches? [#SENexchange](#)

♡ 2 7:26 PM - May 20, 2020



See #SENexchange's other Tweets





Gary Aubin @SENDMattersUK · May 20, 2020



Replying to @SENexchange

Vital that we don't forget the support our parents might need. Despite good intentions, it would be easy to forget parents' needs in the context of how busy we'll be supporting our young people



Claire Sheehan

@CSheehanArt

If we aren't caring for ourselves it's hard to have energy for anything else [#SENexchange](#)

♥ 2 7:26 PM - May 20, 2020



[See Claire Sheehan's other Tweets](#)



Claire Sheehan @CSheehanArt · May 20, 2020



Replying to @SENDMattersUK @SENexchange

If we aren't caring for ourselves it's hard to have energy for anything else [#SENexchange](#)



#SENexchange

@SENexchange

very true. [#SENexchange](#)

♥ 1 7:27 PM - May 20, 2020



[See #SENexchange's other Tweets](#)



Carol Haire @haire_ms · May 20, 2020



Replying to @SENexchange

Highly recommend the visuals being created by @SchoolsNlc - they have been invaluable to us during this time and will be going forward 🌟



#SENexchange

@SENexchange

Thanks for sharing Carol [#SENexchange](#)

♥ 7:28 PM - May 20, 2020



[See #SENexchange's other Tweets](#)





#SENexchange @SENexchange · May 20, 2020



Replying to @MapsCherry

It will be impossible especially with personal care, greeting etc
Have you risk assessed these approaches? [#SENexchange](#)



Cherry Garden 🍒 **Branch Maps #SENDAtHome**
@MapsCherry

Not personally. The class sizes in schools I've spoken to are going to be halved. Unfortunately many of the children who fall into this category have significant medical needs which means that their return to school will likely be further delayed [#SENexchange](#)

♡ 4 7:28 PM - May 20, 2020 · Byker, England



See [Cherry Garden](#) 🍒 [Branch Maps #SENDAtHome's other Tweets](#)



#SENexchange @SENexchange · May 20, 2020



Q4 - What barriers do autistic children/adults face in accessing mental health support? What can we do to overcome these?
[#SENexchange](#)



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q4 - What barriers do autistic children/adults face in accessing mental health support? What can we do to overcome these?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



Dr Chris Moore
@EPInsight

We may need to stick to what is familiar & motivating for them. Can the young person keep a video diary or chat through Zoom, create something in Minecraft & take a screenshot, make something with Lego to represent their feelings, etc [#SENexchange](#)

♡ 5 7:29 PM - May 20, 2020



See [Dr Chris Moore's other Tweets](#)





#SENexchange
@SENexchange



That is all for tonight! Thank you for taking part. Take care and see you next week! [#SENexchange](#)

♥ 8 7:30 PM - May 20, 2020



[See #SENexchange's other Tweets](#)



Cherry Garden 🍒 **Branch Maps #SENDAtH...** · May 20, 2020

Replying to @SENexchange

Not personally. The class sizes in schools I've spoken to are going to be halved. Unfortunately many of the children who fall into this category have significant medical needs which means that their return to school will likely be further delayed [#SENexchange](#)



#SENexchange
@SENexchange

keeping consistent staff group is another way to reduce any potential spread. [#SENexchange](#)

♥ 1 7:30 PM - May 20, 2020



[See #SENexchange's other Tweets](#)



Dr Chris Moore @EPIInsight · May 20, 2020

Replying to @SENexchange

We may need to stick to what is familiar & motivating for them. Can the young person keep a video diary or chat through Zoom, create something in Minecraft & take a screenshot, make something with Lego to represent their feelings, etc [#SENexchange](#)



#SENexchange
@SENexchange

Yes I agree. [#SENexchange](#)

♥ 7:30 PM - May 20, 2020



[See #SENexchange's other Tweets](#)





StartToTalk
@starttotalkuk



Very true. There are lots of practical needs that means staff will be unable to social distance. It is challenging to begin to contemplate all the challenges. [#SENExchange](#)
twitter.com/MapsCherry/sta...

Cherry Garden 🍒 **Branch Maps #SENDAtHome** @MapsCherry
Replying to @SENExchange

It will be impossible to socially distance from children with the most significant needs (thankfully), so hopefully we should still be able to build our relationships and respond to their needs according to their individual communications (it might take time though) [#SENExchange](#)

♡ 2 7:31 PM - May 20, 2020



[See StartToTalk's other Tweets](#)



#SENExchange @SENExchange · May 20, 2020



Q4 - What barriers do autistic children/adults face in accessing mental health support? What can we do to overcome these?
[#SENExchange](#)



#SENExchange
Wednesday 8:00pm

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#SENExchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



StartToTalk
@starttotalkuk

A4. Autistic children/adults face huge barriers in society as a whole but when it comes to accessing mental health it is worse. Prof, are too quick to want to medicate them rather than understand their needs & provide the necessary therapeutic interventions. [#SENExchange](#)

♡ 3 7:37 PM - May 20, 2020



[See StartToTalk's other Tweets](#)





#SENexchange @SENexchange · May 20, 2020



Q4 - What barriers do autistic children/adults face in accessing mental health support? What can we do to overcome these?

[#SENexchange](#)



#SENexchange
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MENTAL HEALTH - SUPPORT & STRATEGIES

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StartToTalk

@starttotalkuk

There needs to be a creative way of working with autistic people for example offering online counselling session can be a safe & less stressful way 4 them to access therapy. We have worked with autistic clients this way & they prefer this to attending group sessions [#SENExchange](#)

♡ 2 7:42 PM - May 20, 2020



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#SENexchange @SENexchange · May 20, 2020



Q4 - What barriers do autistic children/adults face in accessing mental health support? What can we do to overcome these?

[#SENexchange](#)



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q4 - What barriers do autistic children/adults face in accessing mental health support? What can we do to overcome these?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



StartToTalk

@starttotalkuk

We also need to stop stereotyping autistic people cos they are all unique & different individuals so that we can understand their unique needs. [#SENExchange](#)

♡ 3 7:47 PM - May 20, 2020



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Susan Griffiths

@SusanGriffiths5

Limited research evidence on effectiveness of MH interventions for ASC.

Limited training for professionals on providing MH interventions for this group.

Perpetuating belief that MH issues are due to ASD & therefore

MH referrals are declined. [#SENexchange](#)

♡ 5 8:56 PM - May 20, 2020



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Susan Griffiths @SusanGriffiths5 · May 20, 2020



Replying to @SENexchange

Limited research evidence on effectiveness of MH interventions for ASC.

Limited training for professionals on providing MH interventions for this group.

Perpetuating belief that MH issues are due to ASD & therefore MH referrals are declined. [#SENexchange](#)



Susan Griffiths

@SusanGriffiths5

More research and training needed. We need to be led by the autistic children/adults and work with them to find out what MH interventions help them. They need to be more concrete and meaningful to them. [#SENexchange](#)

♡ 2 8:59 PM - May 20, 2020



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#SENexchange @SENexchange · May 20, 2020



Q2 - How can we support the transition back into educational placements?

What needs to be in place first? #SENexchange



#SENexchange
Wednesday 8:00pm

MENTAL HEALTH - SUPPORT & STRATEGIES

Q2 - How can we support the transition back into educational placements? What needs to be in place first?

#SENexchange - Mental Health - Support & Strategies for children and adults with SEND 20/5/2020



Square Peg

@teamsquarepeg

If there was equity of online access that could really help with the transition back to school. It should be a long-term complement to school-based learning too, as this would help a lot of children who have anxiety around school

#SENexchange

♡ 5 9:13 PM - May 20, 2020



See Square Peg's other Tweets

