JOE WHITE YOU MIGHBE AN INCLUSIVETEACH.COM SENSORY STORY

#### **Are You Santa?**

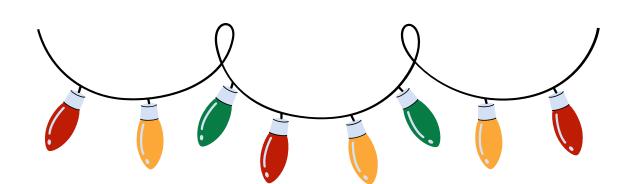
# A Christmas Sensory Story by Joe White

As with any activity the storyteller needs to be attuned to the learner's individual sensory preferences. Nothing about this sensory experience should be aversive. It will be up to the storyteller to involve the learner as much as possible in the storytelling experience. Wherever possible communication should be encouraged, this may be eye contact, preferences, or consent. The learner should be as active a participant as possible fully empowered - if they don't want the Elf hat on then fine - you wear it! If you need to adapt this story to meet an individual's needs do so. When reading it you must be fully involved. Have fun, express and emote the spirit of a Christmas sensory story throughout. As long as the learner is enjoying it you can't go wrong.

## **Essential Sensory resources**

A Mirror - This will be securely placed where the learner can see it. I use a <u>perspex mirror</u> designed for young children as it is light and safe. I have used car mirrors that attach to the headrest to allow parents to see their babies.

A box to keep the resources - you can reveal them from the box to build anticipation and joint attention. You really have two choices here - to have a consistent sensory story box, or to use a themed box i.e. a Santa sack



## You Might be Santa Sensory Resources

Here are the bullet points simplified to sensory resources:

Smooth shiny red and gold ribbons

Soft fuzzy red felt

Jingling bells

Touching reindeer food

Exploring gift boxes

Trying on a fake beard

Feeling icy cold fake snow

Smelling cinnamon/nutmeg essential oils

Looking at pictures of Santa/reindeer/North Pole

Tasting candy canes

Holding a stuffed Santa toy

Hearing wrapped boxes drop

Using sleigh-shaped cookie cutters

Seeing fake reindeer prints

Locating the North Pole on a globe

Touching pine needles/evergreen branches

## You Might Be Santa

You might be Santa if you have...
A belly that shakes like a bowl full of jelly.



You might be Santa if you have... A long tickly, white beard.

You might be Santa if you have... A loud jolly laugh.

You might be Santa if you have... A bright red jacket.

You might be Santa if you have... Big shiny black boots.

You might be Santa if you have...
A hat with soft fur trim

You might be Santa if you have...
A bag full of toys for good girls and boys.

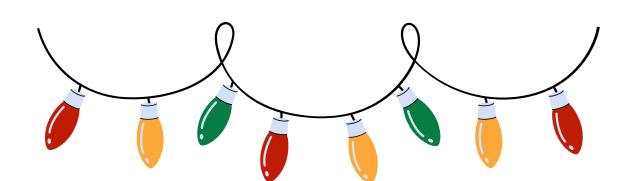
You might be Santa if you have... Friendly reindeer to pull your sleigh.

You might be Santa if you have... Elves to help make toys all year.

You might be Santa if you have...
A list to find out who's naughty or nice.

You might be Santa if you have...
The spirit of Christmas in your heart.

You are Santa!!!!!!!



## You Might Be Santa - More Complex Version

You might be Santa if your laugh fills the air like church bells ringing, big and jolly.

You might be Santa if your bright red jacket shines like the glow of a warm fire.

You might be Santa if your big shiny boots go clomp, clomp, clomp down from your sleigh

You might be Santa if your fur-trimmed hat feels so soft and cozy on your head.

You might be Santa if your bag is stuffed full of toys that crinkle and rattle for good girls and boys.

You might be Santa if your reindeer paws stamp and snort, impatient to pull your sleigh across the sky.

You might be Santa if your elves make toys all year long with hammers tapping and saws buzzing.

You might be Santa if you check your long rustling list twice to see who's naughty and nice

You might be Santa if the spirit of Christmas fills your heart with joy, peace and love for one and all.

You Are Santa!

