

JOE WHITE

YOU MIGHT BE A SNOWMAN



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SENSORY STORY

You Might be a Snowman

A Winter Sensory Story by Joe White

As with any activity the storyteller needs to be attuned to the learner's individual sensory preferences. Nothing about this sensory experience should be aversive. It will be up to the storyteller to involve the learner as much as possible in the storytelling experience. Wherever possible communication should be encouraged, this may be eye contact, preferences, or consent. The learner should be as active a participant as possible fully empowered - if they don't want the woolly hat on then fine - you wear it!

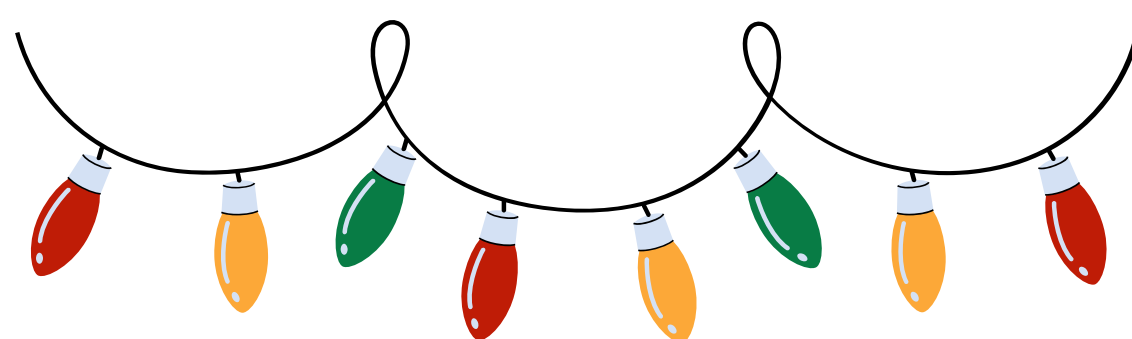
If you need to adapt this story to meet an individual's needs do so. When reading it you must be fully involved.

Have fun, in a wintery wonderland sensory story throughout. As long as the learner is enjoying it you can't go wrong.

Essential Sensory resources

A Mirror - This will be securely placed where the learner can see it. I use a perspex mirror designed for young children as it is light and safe. I have used car mirrors that attach to the headrest to allow parents to see their babies.

A box to keep the resources - you can reveal them from the box to build anticipation and joint attention. You really have two choices here - to have a consistent sensory story box, or to use a themed box i.e. a Santa sack



You Might be a Snowman

Sensory Resources

Carrots for kids to feel and smell

Small branches or twigs for kids to hold

Real lumps of coal or rocks for texture

Cold Ball or lump of snow for kids to touch

Woolly hat for kids to try on

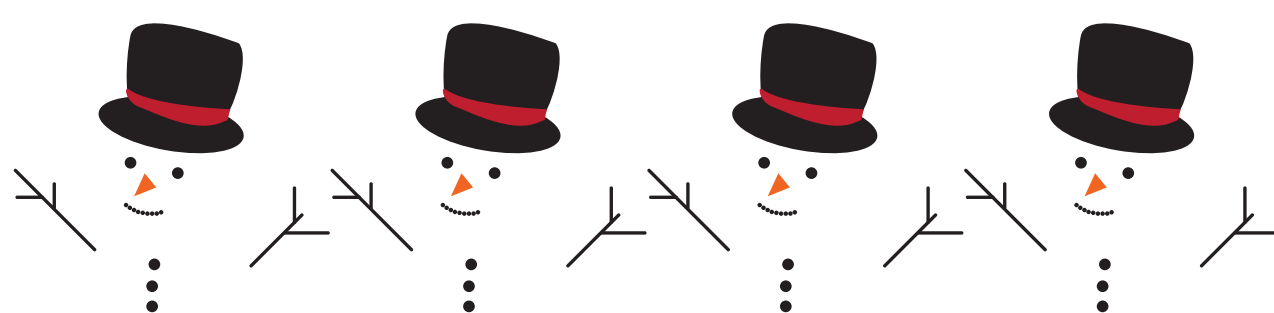
Samples of icy cold things for kids to touch (ice cubes, frozen treats)

Melting ice to demonstrate springtime melting

Twigs, sticks or poles for kids to balance and walk on

Different fabrics and scarves for kids to feel

Buttons for kids to see and touch



You Might Be a Snowman



You might be a snowman if you have...
A carrot for your nose.

You might be a snowman if you have...
Two branches for arms.

You might be a snowman if you have...
Lumps of coal for eyes and smile.

You might be a snowman if you have...
A round belly made of snow.

You might be a snowman if you have...
A warm woolly hat.

You might be a snowman if you have...
An icy white exterior.

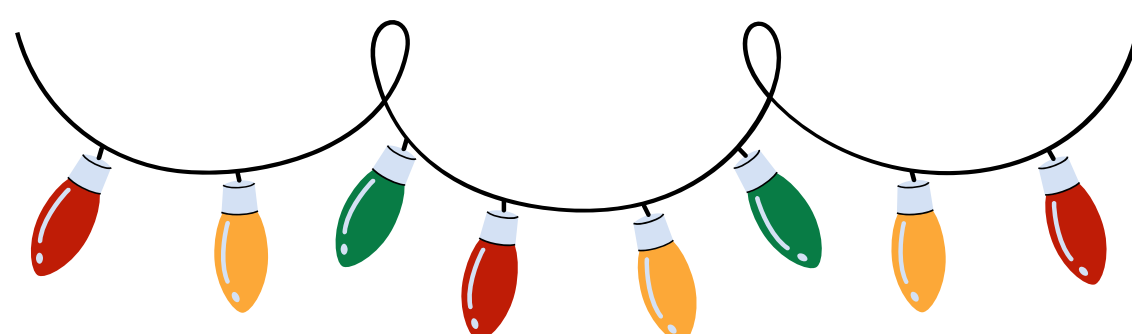
You might be a snowman if you have...
A habit of melting in the springtime.

You might be a snowman if you have...
Frozen feet covered in snow

You might be a snowman if you have...
A scarf that flutters in the breeze.

You might be a snowman if you have...
Buttons running up your middle.

You are a Snowman!!!!!!!!!!



Creating a Winter Immersive Space

1. Use white sheets, tablecloths, or tarps to cover tables and make a "snowy" backdrop.
2. Add snowflake decorations made from paper, lace, or plastic to hang from the ceiling and walls.
3. Fill bins or trays with "snow" made from shredded paper, shaving foam, or foam beads for children to play and build with.
4. Provide winter-themed props like mittens, scarves, hats, and shovels for pretend play.
5. Display photographs of winter scenes and activities for children to look at and discuss.
6. Have winter-themed books available for children to explore
7. Play soft winter music in the background to set the mood.
8. Include snow and winter-related art supplies like white and blue construction paper, glue, googly eyes, cotton balls, etc.
9. Set up a pretend igloo with blankets, sheets and pillows for cozy reading nooks.
10. Bake winter-themed snacks together like snowman cookies and decorate them as a group activity.

