

Walking in a Winter Wonderland Sensory Story

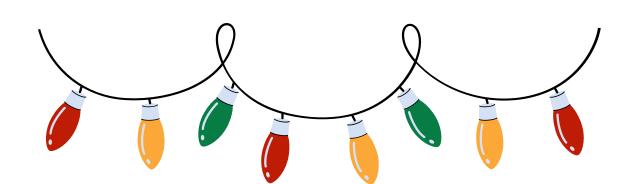
A Christmas Sensory Story by Joe White

As with any activity the storyteller needs to be <u>attuned</u> to the learner's individual sensory preferences. Nothing about this <u>sensory experience</u> should be aversive. It will be up to the storyteller to involve the learner as much as possible in the storytelling experience. Wherever possible communication should be encouraged, this may be eye contact, preferences, or consent. The learner should be as active a participant as possible fully empowered - if they don't want the woolly hat on then fine - you wear it! If you need to adapt this story to meet an individual's needs do so. When reading it you must be fully involved. Have fun, in a wintery wonderland sensory story throughout. As long as the learner is enjoying it you can't go wrong.

Essential Sensory resources

A Mirror - This will be securely placed where the learner can see it. I use a <u>perspex mirror</u> designed for young children as it is light and safe. I have used car mirrors that attach to the headrest to allow parents to see their babies.

A box to keep the resources - you can reveal them from the box to build anticipation and joint attention. You really have two choices here - to have a consistent sensory story box, or to use a themed box i.e. a Santa sack



Winter Wonderland Sensory Resources

Glitter paper
Torch
Shaving foam
Cotton Wool
Wrapped balls or boxes
Bird song sounds
Soft toy robin
LED candles or Fire effect light
Snow Themed Sensory Umbrella
White Scarf
Clown hat, wig or joke flower
Prop wedding ring



Walking in a Winter Wonderland Sensory story

Sleigh bells ring are you listening (Shake sleigh bells or place within reach)

In the lane snow is glistening (Run a torch over crinkled plastic wrap or glitter paper laid on child's tray or lap)

A beautiful sight we're happy tonight (Make happy facial expressions and use a cheerful voice)

Gone away is the bluebird here to stay is a new bird (Soft Toy Robin or a toy bird on a pole and fly it away)

He sings a love song as we go along (Play gentle bird songs, sway or move)

Walking in a winter wonderland (Sensory Umbrella, white silk scarf overhead)

In the meadow, we can build a snowman (Stack white boxes or cotton wool-wrapped balls)

Then pretend that he is Parson Brown
He'll say: Are you married?
we'll say: No man
(Big sign or gesture no)
But you can do the job
when you're in town
(Put ring on finger - Tin foil or other prop)

Walking in a Winter Wonderland Sensory story Cont...

Later on we'll conspire as we dream by the fire to face unafraid the plans that we've made

(LED candles or an LED fire for visual interest).

Walking in a winter wonderland (Sensory Umbrella, white silk scarf overhead)

In the meadow, we can build a snowman and pretend that he's a circus clown

(Repeat the build snowman activity. Add clown hats, a flower sprayer)

We'll have lots of fun with Mister Snowman until the other kids knock him down (Push over snowman, children can pull string attached to it to make it fall)

When it snows ain't it thrilling (Drizzle torn paper over children or create a sensory umbrella)

Though your nose gets a chilling We'll frolic and play the
Eskimo way

(Gently touch the child's skin. Roll cotton wool snowballs)

Walking in a winter wonderland, walking in a winter wonderland
(Sensory Umbrella, white silk scarf overhead)

A Winter Sensory Umbrella



