

5 Fun Letter 'E' Activities

Activity 1: Eggy Letter Hunt

Materials needed:

- Plastic eggs or egg-shaped cutouts
- Small letter 'E' cards (uppercase and lowercase)
- Basket or container

Instructions:

- 1. Hide plastic eggs around the classroom or outdoor area
- 2. Place small letter 'E' cards inside each egg
- 3. Children search for eggs and identify the letter inside
- 4. Encourage them to say "E" and name an object that starts with E when found
- 5. Collect all eggs in the basket and count them together

EYFS Links: Communication & Language, Physical Development, Mathematics

Activity 2: Elephant Ear Listening Game

Materials needed:

- Grey card for elephant ears (one pair per child)
- String or headbands
- Various sound sources that begin with 'E' (egg timer, electronic sounds)

Instructions:

- 1. Help children create elephant ears using grey card
- 2. Attach ears to headbands or string to wear
- 3. Explain that elephant ears help them listen carefully
- 4. Play various 'E' sounds and ask children to identify them
- 5. When they hear an 'E' sound, they touch their elephant ears

EYFS Links: Listening & Attention, Understanding, Phonological Awareness

Activity 3: Exciting 'E' Sensory Tray

Materials needed:

- Large shallow tray
- Edible seeds (like rice or couscous)

- Letter 'E' shapes (wooden, plastic, or laminated)
- Small objects beginning with 'E' (egg cups, erasers, etc.)

Instructions:

- 1. Fill tray with seeds for sensory base
- 2. Hide letter 'E' shapes and 'E' objects in the tray
- 3. Children use fingers to find items in the sensory material
- 4. When objects are found, practice saying their names
- 5. Sort objects and match them to letter 'E' cards

EYFS Links: Fine Motor Skills, Vocabulary Development, Exploration

Activity 4: Enormous and Eensy 'E' Sizing

Materials needed:

- Very large letter 'E' (floor-sized if possible)
- Medium-sized letter 'E' cards
- Tiny letter 'E' cards
- Size-sorting mats

Instructions:

- 1. Create a giant 'E' on the floor using tape or fabric
- 2. Show children the different sized 'E's
- 3. Children walk around/over the enormous 'E'
- 4. Sort medium and tiny 'E's onto appropriate mats
- 5. Use vocabulary: "enormous," "medium," "eensy/tiny"

EYFS Links: Mathematics, Physical Development, Vocabulary

Activity 5: Everyone's 'E' Collage

Materials needed:

- Large letter 'E' outline on paper
- Various collage materials beginning with 'E':
 - Egg cartons (cut up)
 - Envelopes (cut up)
 - Earth-toned papers
 - Elastic bands
 - Empty wrappers

Instructions:

- 1. Show children the letter 'E' outline
- 2. Discuss each collage material and its 'E' name
- 3. Children take turns adding materials to the collage

- 4. Emphasize the 'E' sound as materials are added
- 5. Display the finished collaborative 'E' artwork

EYFS Links: Expressive Arts & Design, Communication & Language, Personal & Social Development

Extension Ideas:

- Create an 'E' word wall with pictures
- Read books featuring characters or objects beginning with 'E'
- Go on an 'E' sound walk around the school
- Make egg shakers for a musical activity
- Plant and grow edible seeds

This resource aligns with the Early Years Foundation Stage framework for phonics and early literacy development.

© Inclusiveteach.com - Free to download and use in educational settings