

JOE WHITE

LITTLE BO PEEP



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SENSORY STORY

Little Bo Peep

A Nursery Rhyme Sensory Story by Joe White

As with any activity the storyteller needs to be [attuned](#) to the learner's individual sensory preferences. Nothing about this [sensory experience](#) should be aversive. It will be up to the storyteller to involve the learner as much as possible in the storytelling experience. Wherever possible communication should be encouraged, this may be eye contact, preferences, or consent. The learner should be as active a participant as possible fully empowered in the storytelling process.

If you need to adapt this story to meet an individual's needs do so. When reading it you must be fully involved. Have fun, express and emote the spirit of a Christmas sensory story throughout. As long as the learner is enjoying it you can't go wrong.

Essential Sensory resources

A Mirror - This will be securely placed where the learner can see it. I use a [perspex mirror](#) designed for young children as it is light and safe. I have used car mirrors that attach to the headrest to allow parents to see their babies.

A box to keep the resources - you can reveal them from the box to build anticipation and joint attention. You really have two choices here - to have a consistent sensory story box or to use a themed box. For this Story, I Would use something that represents a rustic wooden box.

Little Bo Peep's Sensory Adventure

Little Bo Peep, with her crook so tall,
Watched her sheep, both big and small.

(Sensory resource: Wooden staff or stick for children to hold
- You can use the terminology Crook)

The meadow grass tickled her toes,
She giggled as a breeze gently blows.

(Sensory resource: Feather to tickle children's toes)

Her woolly friends went "baa" and "bleat",
A joyful chorus, lively and sweet.

(Sensory resource: Recording of various sheep sounds)

She patted a lamb, so soft and white,
Its woolly coat felt just right.

(Sensory resource: Sheepskin or fluffy fabric to touch)

Bo Peep sniffed flowers of yellow and blue,
Their sweet scent was lovely and new.

(Sensory resource: Scented flowers or herb sachets)

But oh no! Where did the sheep go?
Bo Peep looked high and looked low.

(Sensory resource: Magnifying glass or binoculars)

She searched in bushes, round and round,
Not a single sheep could be found.

(Sensory resource: Textured fabric 'bushes' to search through)

Her boots went squish in the muddy ground,
As she listened for any sheep sounds.

(Sensory resource: Tray of play dough to squish)

Then she heard a faint little bell,
Could it be her sheep? Time will tell.

(Sensory resource: Small bell to ring)

Joy of joys! She found her flock,
Huddled together behind a big rock.

(Sensory resource: Smooth stones to touch)

With happy skips and jumps galore,
Bo Peep led them home once more.

(Sensory resource: Skipping rope or space to jump)